



# The City of Fredericksburg and Mary Washington Healthcare Want You to Stay Safe This Halloween!

**Instead of taking the children out for trick or treating, consider having a family boo-vie night!**

**If you opt to take the little ones out for tricks-and-treats, here are some tips to keep everyone safe.**

1. Mask up – not just the costume mask; every person should be wearing a covering over their mouth and nose
2. Avoid going door-to-door in large clusters; best to stay in your household group
3. Carry hand sanitizer and use after visiting each house
4. Go to only familiar homes, staying in one's neighborhood
5. After ringing bell or knocking on the door of a home, step back allowing safe distancing between the trick-or-treater and those giving out candy
6. Make sure the children's costumes are comfortable
7. Get the flu shot

**For neighbors who choose to give treats to the little ghouls and goblins, we have safety tips for you, too.**

1. Mask up – Not just the costume mask; every person should be wearing a covering over their mouth and nose
2. Control candy – Instead of letting children help themselves, one person should be designated to dole out the treats at each home
3. When possible (weather and space permitting), set up a table outside to maximize space between you and the trick-or-treaters
4. Have hand sanitizer handy for yourself and for your parade of costumed visitors
5. Give wrapped candy or small age appropriate toys, stickers, etc.
6. If you opt **NOT** to hand out candy this Halloween, residents should turn off porch lights, signaling to the trick-or-treaters not to stop
7. Get the flu shot



**Mary Washington  
Healthcare**  
*Here for You.*

**FXBG**  
City of Fredericksburg

For more information on COVID-19 precautions, visit  
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>.

For free, drive-through testing dates and times near you, visit  
<https://www.vdh.virginia.gov/coronavirus/covid-19-testing/covid-19-testing-sites/>

