From the Director, Jane Shelhorse
In each program catalog I like to share with you some information about other City Departments that Parks, Recreation and Events works with every day to provide the kind of services that City Council has listed as part of their vision for “Public Service – The Backbone of Our Community.” In this issue we are shining the spotlight on the Fredericksburg Economic Development and Tourism Department. You do not have to be a business or an out-of-town visitor to enjoy many of the services that this Department provides our community, just stop by the Visitor Center on Caroline Street. The welcoming staff there can help you “be a tourist in your own home town” this summer, sharing lots of events, activities and places to enjoy in and around the City. We are all excited about the new baseball stadium that is being built and all the exciting things that will be going on there, but there’s already A LOT to do here. This is your summer to explore and enjoy all the exciting things there are to do in our great City!

Fredericksburg Economic Development and Tourism

Fredericksburg Visitor Center
706 Caroline Street, Fredericksburg, VA 22401
Daily 9am to 5pm
First Fridays 9am to 8pm

Hop on board the free trolley shuttle this summer!

The City of Fredericksburg offers a free shuttle service in June, July, and August – on Fridays and Saturdays.

The trolley will make a 20-minute continuous loop throughout downtown. People can use the service to ride to their favorite restaurant or attractions, or simply to enjoy a scenic trip around downtown Fredericksburg. Summer Trolley Shuttle info and updates can be found on: Facebook: fxbgedt

VisitFred.com
Mark your calendars for Summer Restaurant Week!

Fredericksburg Visitor Center and Fredericksburg Economic Development and Tourism is located at 706 Caroline Street. Phone: (540) 373-1776 Web: VisitFred.com | www.fredericksburgva.com
FRED ALERT

The City of Fredericksburg uses Fredericksburg Alert to immediately contact you during a major crisis or emergency. Fredericksburg Alert delivers important emergency alerts, notifications and updates to you on all your devices:
- Email account (work, home, other)
- Cell phone (via SMS)
- Office phone
- Pager

Parks, Recreation & Events uses Fredericksburg Alert to send you real-time updates regarding cancellations, emergencies, closings and other important information. When a cancellation happens, you’ll be notified instantly through Fredericksburg Alert.

In case of weather-related emergencies, Fredericksburg Parks and Recreation programs, classes, events and rentals will be cancelled based upon the closing decision of the City of Fredericksburg Public Schools.

Sign up now @
www.FredericksburgAlert.com

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Sign up now @
www.FredericksburgAlert.com

## COMMUNITY CENTER

### RENTALS

The Dorothy Hart Community Center features three meeting rooms and an auditorium. A parking lot is available behind the building and FRED bus also stops at the corner of Canal St. and Charles St. The community center is available for rent on a first-come, first served basis, around events and programs sponsored by the Parks and Recreation Department. We only accept reservations 6 months ahead of desired date.

Days the center is not available for rent: Earth Day Festival in April, Thanksgiving Day & Weekend, 1st Saturday of December, 4th of July, Christmas Eve, Christmas Day & weekend, and New Years Eve.

For a complete list of rental rates and policies, please visit [www.FredParksRec.com > Rentals](http://www.FredParksRec.com > Rentals) or contact our front desk for details.

### Dorothy Hart Community Center

<table>
<thead>
<tr>
<th>408 Canal Street, Fredericksburg, VA 22401</th>
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- **General Phone:** 540-372-1086
- Children’s Activities x 217
- Nature Programs x 213
- Tennis, Fitness & Dance x 208
- Sports x 214
- Adult Classes x 217
- Events x 215 x 307 x 308
- Trips x 217

Fax: 540-372-3475

Email Contact: fredprpf@fredericksburgva.gov

Website: [www.FredParksRec.com](http://www.FredParksRec.com)

### Registration (Front desk):

- **M-Th:** 9:00am-8:00pm and **Friday:** 9:00am-4:00pm

### Open for activities:

- **M-Th:** 8:30am-8:30pm and **Friday:** 8:30am-4:30pm

### Saturday & Sunday, CLOSED

**JOIN US!**

[www.FredParksRec.com](http://www.FredParksRec.com)
Coming Soon to Dixon Park!

Partnership between the City of Fredericksburg and the Washington Capitals

Coming Soon!

- To be located in Dixon Park, 1300 Dixon Street, Fredericksburg, VA
- The only full-sized public roller hockey rink in a 50 mile area
- Coming soon in 2019:
  - Tot & youth inline hockey leagues
  - Adult inline hockey league
  - Summer camps
  - Open for public pickup games
  - Events and rentals

Advertise and Support:

- Get local! Be in front of area hockey fans and athletes
- Make it count! All advertising funds directly support rink construction and equipment.
- Limited number of dasherboards available in 1 year increments.

Hockey Rink Advertising and Contributions:
Jane Shelhorse, 540-372-1086 x. 209

Hockey Rink Leagues and Recreation Use:
Bill Mitchell, 540-372-1086 x. 214

Fxbg Hockey Rink Online:
www.fredericksburghockey.com
Facebook.com/FxbgHockey

PARKS, RECREATION & EVENTS
ADMINISTRATIVE TEAM:
Jane Shelhorse, Director
Wendy Stone, Division Mgr Finance & Leisure Services
Jenny Casarotti, Superintendent Leisure Services
Zach Naegele, Nature Program Supervisor
Alexa Harris, Nature Education Coordinator
Carly Hedge, Office Assistant
Michael Ward, Division Mgr Parks & Athletics
Aaron Simmons, Superintendent Parks & Maintenance
Jillian Franklin, Superintendent Sports & Fitness
Bill Mitchell, Sports Supervisor
Kim Herbert, Supervisor of Special Events
Sammy Walker, Special Event Coordinator
Anne Hamm, Evening & Weekend Supervisor
Karen Karkos, Front Desk Receptionist
Janice Lasker, Front Desk Receptionist
Karen Lea, Front Desk Receptionist

RECREATION COMMISSION MEMBERS:
Brandon McVade, Chairman
David Dorsey, Vice-Chairman
James Bailey
Timothy Duffy
Cameron John
Sharon Null
John Russ
Sue Sargeant
Marcus Tepaske

DEPARTMENT MISSION
The mission of the Fredericksburg Parks, Recreation & Events Department is to enhance the lives of our citizens by providing a diverse package of recreation and park opportunities.
Summer Camp Registration is Now Open!

Registration opens online at www.FredParksRec.com

IMPORTANT CAMP INFORMATION:

- All registrations must be completed in person at the Dorothy Hart Community Center or online at www.FredParksRec.com.
- Pre-registration is required for all camps and spaces fill on a first-come, first-served basis.
- Registration forms available at Dorothy Hart Community Center or you can download camp registration forms online at FredParksRec.com and bring them with you when you register.
- Copy of birth certificate is required at time of registration for first time registrations.
- Please register for the appropriate age/grade.
- Review our Summer Camp FAQ online.
- Cancellation policy varies among camps.
- Register for Fredericksburg Alert to receive weather cancellation notices.
- Fee waivers available for those who qualify, call our office for more information.
- Please confirm email address because some camps will send out more detailed information prior to the start of camp.

Preschool Summer Fun Festival
3yrs-5yrs
An exciting two weeks for children who will enter either preschool or Kindergarten in the fall 2019 (must be three by September 30, 2019) – birth certificate required. Your child will play games, sing songs, hear stories, outdoor play, tumble, enjoy arts and crafts and just enjoy a lot of fun! Children must be fully potty-trained (no diapers or pull-ups permitted). Instr: P & R Staff, Location: Hugh Mercer Elementary.
Mon–Fri, 9:00am -12:00pm, July 8–July 19
$100/$120 (residents/non-residents)
($10 off for 3rd child)

5yrs-11yrs (Grades K-5th based on ’18-’19 school year)
This is an exciting FULL day, one week camp for children. Explore new activities and themes each hour throughout the day. Children will rotate through at least five different topics throughout the day to include weird science, arts and crafts, playground games, sports, STEM, music, cooking, nature and more. Pack lunch each day for your child along with drink, snack and sunblock for outdoor play. The last day of camp includes water play and pizza! Please dress camper accordingly. Campers are welcome to sign up for one week or both weeks. Activities will be different each week. Campers will be divided into smaller groups based on ages/grades.
Instr: P& R Staff Location: Hugh Mercer Elementary
Mon-Fri, 9:00am - 4:00pm,
July 8-12
July 15-19
$100/$120 (residents/non-residents)
each week per camper ($10 off for 3rd child)
Extended supervised play time available for morning and evening. 8am-9am- $10 per child per week.
4pm-5pm $10 per child

Register at the Dorothy Hart Community Center,
408 Canal St, Fredericksburg, VA 22401

Questions? Call 540-372-1086
Email fredprpf@fredericksburgva.gov
Visit www.fredparksrec.com

Check out all of our summer camps on pages 5-13.
**SUMMER CAMPS**

**PRINCESS/PRINCE PRE-BALLET CAMP**
3yrs–6yrs
Learn pre-ballet with a new fairytale presented to the children each day. This camp is filled with music, crowns, capes, tiaras, tutus, frogs, flowers and costumes from the kingdom’s treasure chest filled with fun surprises! Pictures taken of each child in their ending ceremony! Attire: Girls pink/ black ballet slippers, leotard, tights, skirt or dress. Boys: black ballet slippers or nonslip shoes, grey or black shorts or pants, and white tee. Campers bring a healthy snack and water bottle each day. Instr: Virginia Westcott. Location: Dorothy Hart Community Center
Mon-Fri, 9:30am–10:30am
June 17-21 (performance June 21 at 10am)
July 15-19 (performance July 19 at 10am)
$58/$68 (residents/non-residents)

**CAMP HIDEAWAY**
4 ½ yrs-6yrs
This beloved day camp is filled with adventure! Each themed morning is packed with nature crafts, hiking, discovery, games, story, snack time, and friends! Our small group will enjoy safely exploring, splashing in the creek, and getting up close and hands-on with the natural world. Campers may register for ONE week only at Alum Spring Park.
Mon-Fri, 9:15am-12:00pm
June 17-21
June 24-28
July 8-12
July 15-19
July 22-26
$90/$110 (residents/non-residents)

**SAFETY TOWN CAMP**
4yrs-6yrs
Meet a Police Officer, tour a fire station and an ambulance. Learn animal safety. Visit Doris E. Buffet Pool for water safety. Schedule will be emailed prior to the start of camp. Instr: P&R Staff
Location: Dorothy Hart Community Center
Mon-Fri, 9:00am-11:30am
August 5-9
$50/$60 (residents/non-residents)

**TOT ALL SPORTS CAMP**
4yrs-6yrs
This camp program features activities designed to promote skill development in a variety of sports, sportsmanship, and a whole lot of fun for your child. No age waivers. $10 late fee begins June 12.
Location: Walker Grant Middle School
Mon-Fri, 9:00am – 12:00pm
June 24 – June 28
July 15 – July 19
$50/$70 (residents/non-residents)
**YOUTH ART CAMP**

7yrs-10yrs
Be creative and have fun with arts and crafts by exploring multi-media. Beginners welcome. Instruction includes 2D and 3D activities working with watercolors, craft paint, paper sculpture, recycled and natural materials. A $3 material fee required at the start of each camp. Instr: Karen Julinn, Location: Dorothy Hart Community Center
- Mon-Fri, June 17-21, 1:00pm-2:00pm
- Mon-Fri, June 24-28, 1:00pm-2:00pm
- Mon-Fri, July 8-12, 11:00am-12:00pm
- Mon-Fri, August 5-9, 11:00am-12:00pm
$55/$65 (residents/non-residents)

11yrs-15 yrs
Be creative and have fun with arts and crafts by exploring multi-media. Beginners welcome. Instruction includes 2D and 3D activities working with watercolors, craft paint, paper sculpture, recycled and natural materials. A $3 material fee required at the start of each camp. Instructor: Karen Julihn Location: Dorothy Hart Community Center
- Mon-Fri, June 17-21, 9:30am-11:00am
- Mon-Fri, June 24-28, 9:30am-11:00am
- Mon-Fri, July 8-12, 1:00pm-2:30pm
- Mon-Fri, August 5-9, 1:00pm-2:30pm
$75/$85 (residents/non-residents)

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**STAGE DOOR CAMP: CREATIVE DRAMA**

5yrs-9yrs
Young actors are introduced to the imaginative world of visual and performing arts. We will explore well-known stories and songs using creative movement, puppetry, pantomime, and dance. The week concludes in a showcase featuring creative movement and scripted scenes. Instr: Stage Door Staff. Location: Lafayette Upper Elementary School
- Monday- Friday, July 15-19, 9:30am-12:30pm
$100/$110 (residents/non-residents)

**STAGE DOOR CAMPS: IMPROVISATION AND COMEDY**

10yrs-14yrs
Actors will polish their funny bones while participating in comedy sketches, improvisations, and acting games designed for enhancing comedic timing and talent. The week concludes in a showcase of improvisation, comedy scenes, and original sketch comedy. Instr: Stage Door Staff. Location: Lafayette Upper Elementary School
- Monday- Friday, July 15-19, 1:00pm-4:00pm
$100/$110 (residents/non-residents)

**STAGE DOOR CAMP: ACTING PRODUCTION**

7yrs-10yrs and 11yrs-15yrs
This acting production camp includes instruction in movement, voice, character development, and dialogue delivery as the students prepare a play. Emphasis placed on the rehearsal process and developing the students as capable and creative performers. Instr: Stage Door Staff. Location: Lafayette Upper Elementary School.
- 7-10yrs: Mon-Fri, July 22-26, 9:30am-12:30pm
- 11-15yrs: Mon-Fri, July 22-26, 1:00pm-4:00pm
$100/$110 (residents/non-residents)

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Pre-registration is required for all camps and they fill on a first-come, first-served basis.
Sign up online at www.FredParksRec.com.

JOIN US! @FredParksRec
WWW.FredParksRec.com
**SUMMER BALLET INTENSIVE CAMP**
Preteens and Teens, Ages 11yrs–18yrs
In arts education students view Ballet Co. Artistic Directors Principles Soloists & Demi-soloists. Students will view a special filming of ABT Misty Copeland a Principle Dancer at American Ballet Theatre, who trained in a community center in her youth! Each class consists of a full barre center across the floor, turns, jumps, and arts education. Ballet variations and choreography staged for the summer intensive students with an in-house performance for family and friends on the last day! Girls Attire: black leotard, skirt, pink ballet slippers, tights, leg warmers, “pointe shoes hair up” (pointe shoe approval by teacher). Boys Attire: black dance pants, white tee, and dance shoes Instr: Virginia Westcott. Location: Dorothy Hart Community Center
Mon-Fri, 1:30pm–3:30pm
June 17-21 (performance June 21)
$78/$88 (residents/non-residents)

**YOUTH BALLET/ DANCE CAMP**
7yrs–10yrs
Students learn and perform original choreography that is presented in an in house performance for all your family and friends on their last day of camp. New and prior trained dance students will also have ballet tales and craft time! Girls Attire: black leotard, skirt, pink or black ballet slippers, and hair up. Boys Attire: black ballet shoes or sneakers, workout grey pants or shorts, and white tee. Campers bring a healthy snack and water bottle. Instr: Virginia Westcott. Location: Dorothy Hart Community Center
Mon-Fri, 10:30am–12:00pm
July 15-19 (performance July 19 at 11:30am)
$68/$78 (residents/non-residents)

**STARS AND STRIPES DANCE CAMPS**
7yrs – 10yrs and 11yrs – 16yrs
These fun camps for all levels, set to an American theme and learn original choreography. This performance camp has a structured daily dance class encouraging the kids in every step! Performance is Friday, June 28th at 6:30pm with curtain call at 7pm for our family and friends! Students perform in supplied costumes. In addition, some clothing may be brought from home: legging, shirts, tights, leotards and shorts in patriotic colors. Intermediate/Advanced Attire: ballet slippers, dance shoes, leotard, skirt, and tights. Boys Attire: pants, shorts, t-shirt, dance shoes. Beginner Attire: ballet slippers, leotards, lights/shorts, t-shirt and sneakers. Campers bring a healthy snack and water bottle each day.
7-10yrs: Mon-Fri, June 24-28, 10:30am–12:00pm
11-16yrs: Mon-Fri, June 24-28, 12:30pm–2:00pm
(Note: Friday, June 28th- both camps will merge for rehearsal at 11am)
$76/$86 (residents/non-residents)
KIDZ R COOKIN
CAMP: CULTURE, CUISINE & COOKING- PART 1
4yrs-8yrs and 9yrs-12yrs
Every day will be a different culinary adventure for our participants. Cooking, music, and arts & crafts from around the globe will all come together. Recipes and certificates are included! Send a snack for your camper. Additionally, please note any food and/or medical allergies during registration.
Instr: Chef Wendy of Kidz R Cookin' Location: Dorothy Hart Community Center
4-8yrs: Monday- Thursday, June 24-27, 10:00am-1:00pm
9-12yrs: Monday- Thursday, June 24-27, 2:30pm-5:30pm
$160/$170 (residents/non-residents)

KIDZ R COOKIN CAMP: CULTURE, CUISINE & COOKING- PART 2
4yrs-8yrs and 9yrs-12yrs
Each day will be a different culinary experience for our participants. Part one is not requirement to participate in part two. Recipes and certificates included! Include a snack for your camper. Additionally please note any food and/or medical allergies during registration.
Instr: Chef Wendy of Kidz R Cookin' Location: Dorothy Hart Community Center
4-8yrs: Monday- Thursday, July 22-25, 10:00am-1:00pm
9-12yrs: Monday- Thursday, July 22-25, 2:30pm-5:30pm
$160/$170 (residents/non-residents)

MODELING FASHION SHOW CAMPS FOR GIRLS AND BOYS
7yrs–10yrs and 11yrs–15yrs
Creative fun filled week of designing fashion color coordinated outfits and modeling an array of styles matching each individual’s personality! Learn the international walk for photo shoots. Watch them shine down the runway to music at the Fashion Show for family and friends! Attire: comfortable shoes for class, sandals and dress shoes for show, workout wear, and backpack canvas bag to carry outfits. Campers bring a bag lunch (11-15yrs only), healthy snack and water bottle. The kids create fashion from their own closets and costuming and accessories from the instructor’s runway treasure chest! Instr: Virginia Westcott. Location: Dorothy Hart Community Center
7-10yrs: Mon-Fri, June 17-21, 10:30am–12:00pm
11-15yrs: Mon-Fri, June 17-21, 12:00pm–1:30pm
$75/$85 (residents/non-residents)

SPA ESSENTIALS FOR KIDZ
4yrs-8yrs and 9yrs-12yrs
Kids will use natural, organic and wholesome ingredients to create their own signature products. Additionally, campers learn about the medicinal properties of all ingredients used. Include heavy snack/lunch for your camper & note any allergies during registration. Instr: Chef Wendy of Kidz R Cookin’. Location: Dorothy Hart Community Center
4-8yrs: Monday- Thursday, July 15-18, 10:00am-1:00pm
9-12yrs: Monday- Thursday, July 15-18, 2:30pm-5:30pm
$160/$170 (residents/non-residents)

JUNIOR LIFEGUARD MINI CAMP
8yrs-14yrs
Campers learn basic rescues including CPR and First Aid and will shadow lifeguards to get hands on experiences. Bring a snack, bottled water and swim gear including a towel, suit, goggles, and sunscreen. Campers will receive a junior lifeguard t-shirt, whistle, and hat upon completion. Campers must pass a swim test prior to the start of camp, which can be taken anytime at Buffet Pool during pool hours. Location: Buffett Pool Instr: Parks & Rec Aquatics
Monday- Wednesday, 9:00am-12:00pm
June 17-19
$70/$80 (residents/non-residents)

PRE-REGISTRATION IS REQUIRED FOR ALL CAMPS AND THEY FILL ON A FIRST-COME, FIRST-SERVED BASIS.

JOIN US! www.FredParksRec.com
Summer Camps

Let’s Do Science Camp
6yrs–8yrs
Come experience hands-on science as we explore different science issues. Students will be allowed to ask questions and explore answers with experimentation. Students learn 21st century skills such as problem solving, critical thinking and working together. Send a snack with your child to camp each day. Instr: Science, Inc. Location: Dorothy Hart Community Center. The second week of camp will feature different experiments and activities than the June camp.
Mon-Fri, June 17-June 28, 10:00am-12:00pm
Mon-Fri, July 22-August 2, 10:00am-12:00pm
$100/$110 (residents/non-residents)

Science Snoop Camp
9yrs–11yrs
Science Snoop is an excellent opportunity for students to foster their interest in science. It also helps students to think like scientists as well as crime scene investigators. Science Snoop is an excellent opportunity for students to improve their critical thinking skills and basic scientific knowledge. Send a snack with your child to camp each day. Instr: Science, Inc. Location: Dorothy Hart Community Center. The second week of camp will feature different experiments and activities than the June camp.
Mon-Fri, June 17-June 28, 2:00pm-4:00pm
Mon-Fri, July 22-August 2, 2:00pm-4:00pm
$100/$110 (residents/non-residents)

Jedi Engineering Using LEGO Materials Camp
5yrs-7yrs
The Force Awakens in this introductory engineering course for young Jedi! Explore engineering principles by designing and building projects using LEGO® materials such as X-Wings, R2 Units, Energy Catapults, Defense Turrets, and Settlements from a galaxy far, far away. Create motorized and architectural projects with imagination and engineering to defeat the Empire! Instr: PlayWell. Location: Dorothy Hart Community Center
Monday- Friday, August 5-9, 9:00am-12:00pm
$145/$155 (residents/non-residents)

Jedi Master Engineering Using LEGO Materials Camp
7yrs-12yrs
The Force Awakens in this advanced engineering course for young Jedi! Discover key engineering concepts such as gear trains, worm drives, pneumatics, and eccentric motion. Build projects using LEGO® materials such as X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, Settlements, Fortresses, and other complex machines and structures from a galaxy far, far away. Instr: PlayWell. Location: Dorothy Hart Community Center
Monday- Friday, August 5-9, 1:00pm-4:00pm
$145/$155 (residents/non-residents)

Intro to STEM LEGO Camp
5yrs-7yrs
Let your imagination run wild with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Trains, Helicopters, Treehouses, and Beam Bridges. Design and build as never before, and explore your craziest ideas in a supportive environment. These are no prerequisites for this course. Instr: PlayWell. Location: Dorothy Hart Community Center
Monday- Friday, July 1-5 (no camp July 4th), 9:00am-12:00pm
$145/$155 (residents/non-residents)

STEM Challenge Using LEGO Materials Camp
7yrs-12yrs
Level up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: Gear Cars, Gondolas, Merry-Go-Rounds, and Scissor Lifts. Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this course. Instr: PlayWell. Location: Dorothy Hart Community Center
Monday- Friday, July 1-5 (no camp July 4th), 1:00pm-4:00pm
$145/$155 (residents/non-residents)

Girl Balance Summer Camp
Please join us at YOFO for a one week yoga fusion summer camp! This week is designed for girls ages 9-14 to introduce breath, mindfulness, balance and strength through Yoga and Pitaio sequences.
Over the course of 5 days, girls will spend time developing skills to enhance self-esteem, team-building and confidence.
Dates: August 5-9
Time: 1:30-4:00pm
Cost: $150/PP
Yoga Foundation of Fredericksburg
1403 Franklin St., Fredericksburg
For information: 540-368-3079
info@yogaforeveryone.org
www.yogaforeveryone.org
SOCCER CAMP
7yrs-15yrs
The campers get a chance to work on dribbling, passing, shooting, and game strategy while having lots of fun. Campers are encouraged to wear loose fitting clothes, shin guards and bring a water bottle to camp each day. $10 late fee begins June 5. Location: Dixon Park
Mon-Fri, 8:00am – 11:00am
June 17 – June 21
$50/$70 (residents/non-residents)

FIELD HOCKEY CAMP
7yrs-15yrs
Learn stick handling, strategy, defensive positioning, and goal keeping. Campers are encouraged to wear loose fitting clothes, shin guards, mouth guard and bring a water bottle to camp each day. $10 late fee begins June 5. Location: Dixon Park
Mon-Fri, 8:00am – 11:00am
June 17 – June 21
$50/$70 (residents/non-residents)

TENNIS CAMP
7yrs-15yrs
Our summer camp offers opportunities for everyone – basics for beginners, repetition for advanced beginners, strategy and competition for intermediates, and challenging drills and mental concepts for the advanced. Please bring your own tennis racket and a water bottle to camp each day. $10 late fee begins June 5 and July 3. Location: Memorial Park
Mon-Fri, 8:00am – 10:00am
June 17 – June 21
July 15 – July 19
$50/$70 (residents/non-residents)

BASEBALL CAMP
7yrs-15yrs
During this camp players learn throwing, fielding, hitting, and work on skills positions. Players need to bring a baseball, glove and water bottle every day. $10 late fee begins June 5. Location: Walker Grant Middle School Baseball Field
Mon-Fri, 8:00am – 11:00am
June 17 – June 21
$50/$70 (residents/non-residents)

SKY HIGH BASKETBALL CAMP
7yrs-15yrs
The Sky High Basketball Camp is five days of basketball designed to increase a player’s skills and court knowledge in a fun and non-competitive environment. Whether your child is a beginner or one who has played since they could walk, this camp is a great way to begin or improve one’s skills. $10 late fee begins June 12. Location: Walker Grant Middle School
Mon-Fri, 1:00pm – 4:00pm
June 24 – June 28
$50/$70 (residents/non-residents)

LACROSSE CAMP
7yrs-15yrs
Participants will work on fundamentals to include offensive motion, defensive techniques, team play and shooting. Campers are encouraged to wear loose fitting clothes, mouth guard and bring a water bottle to camp each day. Location: Dixon Park
Tues-Thur, 8:30am – 10:30am
July 23 – July 25
$50/$70 (residents/non-residents)

ALL SPORTS CAMP
7yrs-15yrs
Participants have an opportunity to learn soccer, baseball, basketball, volleyball, football, kickball, and lawn games during this week-long camp. Campers spend time inside and outdoors, so please dress appropriately. $10 late fee begins July 3. Location: Walker Grant Middle School
Mon-Fri, 1:00pm – 4:00pm
July 15 – July 19
$50/$70 (residents/non-residents)

HORSEBACK RIDING CAMP
6yrs-Adult
Educational, informative, inclusive but above all - FUN! The week’s journey is a trip inside the horses’ world from its nature, its health needs and the art of riding. We address safety, the basics of solid riding positions and various disciplines. Facility has fenced in arena, front jumping field, bridle path, classroom for crafts & instruction, twenty plus horses & ponies. Join us for a week of outdoor activity ending in a show for parents of the skills learned. Must wear boots or shoes with a heel. Instr: Judy Watson. Location: White Buffalo Horse Farm
Mon-Fri, July 8-12, 9:00am-12:00pm
$300/$300 (residents/non-residents)

JUMPSTARZ DOUBLE-DUTCH LESSONS
6yrs-16yrs
Did you know that jumping rope for 10 minutes is equivalent to running an 8-minute mile? Jump to new heights with JumpStarz by learning cool tricks, playing fun games and expressing yourself while learning to jump rope. Our classes are unique, energetic and fun! We teach basic to advanced skills, partner tricks, single, long and double-dutch jump rope. No experience necessary, open to girls and boys age 6-16. #JumpOnIt Location: Dorothy Hart Community Center
Fridays, June 21-July 19 (No camp July 5th)
10:00am–11:00am
$80/$90 (residents/non-residents)

SEE OUR ADAPTIVE CAMPS ON PAGE 15.
SUMMER CAMPS

CAMP WILLOWOOD
7yrs-12 yrs (Grades based on ’18–’19 school year)
Celebrating over 25 Years in the woods and along the water of Motts Run Reservoir! Kids, come get immersed in the wild for a week of daily canoeing, hiking, nature crafts, snacks, friends, and outdoor skills like fire-building. Don’t miss out on a great week of discovery! Campers may register for ONE week only. Motts Run Reservoir.

Mon-Fri, 9:00am-3:00pm
(Grades 1st-3rd) June 17-21
(Grades 2nd-4th) June 24-28
(Grades 4th-6th) July 8-12
(Grades 4th-6th) July 15-19
(Grades 1st-3rd) July 22-26
(Grades 1st-3rd) July 29-August 2
$150/$180 (residents/non-residents)

BEGINNERS OUTDOORSMEN CAMP
7yrs-13yrs
This exciting camp will highlight beginner level outdoorsmen fun! Campers explore and learn new skills in fishing, archery, camping, hiking, hunting, canoeing, etc. It is a great opportunity for children to learn about the outdoors and get into nature. Send a drink and snack with your child each day. Children should dress for outdoor, water activities and hiking and wear sunscreen, bug spray and bring a water bottle. Instr: Parks & Rec Staff Location: Motts Run Reservoir.

Mon-Fri, August 5-9, 9:00am-12:00pm
$80/$90 (residents/non-residents)

ADVENTURE FISHING CAMP
7yrs-14yrs
This week-long day camp, sponsored by Virginia Fishing Adventures teaches the entire process of fishing from rigging rods, tying knots, canoeing, and baiting hooks, all while introducing campers to the great wealth of fishing in the area. Campers meet at the VA Outdoor Center, then head to a mixture of public and private ponds and local rivers. Campers have the opportunity to go on several nice river floats with this camp. All equipment provided and scouts may earn their fishing badge. Location: Virginia Outdoor Center.

Mon-Fri, July 29 – August 2, 8:30am-4:30pm
$450/$450 (residents/non-residents)

FISHING ADVENTURES 2-DAY CAMP
7yrs-14yrs
Fishing Adventures is a popular 2-day camp offered at Motts Run Reservoir. Sponsored by Virginia Fishing Adventures (www.virginiaoutside.com), this intro to freshwater fishing teaches campers the basics of casting, knot tying, baiting hooks, choosing lures, and more. All equipment and tackle provided. Location: Motts Run.

Thursday-Friday, July 11 and July 12, 9:00am-12:00pm
$65/$80 (residents/non-residents)

SURVIVOR CAMP: BASIC
9yrs-15yrs
To survive a 72 hour emergency scenario with limited resources. Though this is a beginning course it is challenging. Students can expect to walk over six miles and canoe four to five miles over the duration of the course. Taught essential skills in fire craft, shelter building, water procurement, knife and tool usage and safety, food procurement by fishing and gathering, land navigation, camp fire cooking, and canoeing and water safety. Once students have been taught, they will have to apply the skills learned in mock scenarios under time limits. Location: Motts Run Reservoir.

Mon-Fri, June 24-28, 9:00am-3:00pm
Mon-Fri, July 8-12, 9:00am-3:00pm
Mon-Fri, July 15-19, 9:00am-3:00pm
$210/$270 (residents/non-residents)

SURVIVOR CAMP: INTERMEDIATE
9yrs-15yrs
PRE-REQUISITE: BASIC SURVIVOR CAMP (no exceptions)
The intermediate course is designed to build off the basic course. Rely more on basic and simpler items like their knife, saw, multi tool, and pocket fishing kits to do more with less. These skills take them from just surviving to thriving in a wilderness or emergency situation. The intermediate course helps pave the way for students to be prepared for our five day, almost thirty mile Canoe Wilderness Living Course. A list of what to bring will be sent via email. Location: Motts Run Reservoir.

Mon-Fri, July 29-August 2, 9:00am-3:00pm
$210/$270 (residents/non-residents)

TEEN ADVENTURE CAMP
13yrs-17yrs
Teens—unplug and jump into the natural world! We’ll spend two days at Motts Run Reservoir where we’ll enjoy canoeing (including swamping and rescue), and outdoor skills like fire-building and map and compass, team-building games, hiking, nature crafts, and more! The other two days will find us on the Rappahannock River, canoeing a 5+ mile stretch and tubing the Falmouth Rapids, ending the week with a cookout at Old Mill Park! Location: Motts Run Reservoir & VA Outdoor Ctr.

(Grades 7-11, ’18–’19 school yr.)
Mon-Wed and Fri, July 1-July 5 (no camp Thursday, July 4th)
9:00am-3:00pm
$150/$180 (residents/non-residents)

See our Adaptive Camps on page 15.
YOUTH TUMBLING
5yrs-8yrs and 9yrs–13yrs
Basic to intermediate level skills will be taught in a fun, non-competitive environment with individualized instruction catered to your child’s abilities. Instructor Renee Embrey has over 30 years of experience with recreational gymnastics. Pre-registration required.
Location: Dorothy Hart Community Center.
Wednesdays, 5:00pm – 6:00 pm (5yrs - 8yrs)
Wednesdays, 6:00pm – 7:00 pm (9yrs - 13yrs)
July 10-August 7
$35/$40 (residents/non-residents)

COMICS COURSE (YOUTH)
8yrs–11yrs
Do you like comics? Would you like to create your own? Over four weeks students will receive an introduction to the comic medium and begin work on their own comic. Instruction will include lessons on scripting, character building, and pacing. Instructor: Simon Watts. Location: Dorothy Hart Community Center.
Wednesdays, 6:00pm-7:00pm
May 15- June 5
June 12-July 10 (no class July 3)
July 17-August 7
August 14-September 4
September 11-October 2
$50 (residents/non-residents)

COMICS COURSE (TEENS)
12yrs–18yrs
Students are introduced to the comic medium and will begin work on their own comic in this fun and creative class. Instruction will include lessons on scripting, character building, and pacing. Instructor: Simon Watts. Location: Dorothy Hart Community Center.
Thursdays, 6:00pm-7:00pm
May 16- June 6
June 13-July 11 (no class July 4)
July 18-August 8
August 15-September 5
September 12-October 3
$50 (residents/non-residents)

DRAWING AND PAINTING
6yrs-10yrs
If you love art then this is the class for you! Students will learn different art skills while exploring art media. Bring paints, brushes, scissors, drawing pencil and watercolor paper. Pre-registration required. Instructor: Karen Julihn Location: Dorothy Hart Comm. Center.
Thursdays, 6:00pm-7:00pm
May 9-30
June 6-27
July 11-August 1
August 8-29
September 5-26
$50/$60 (residents/non-residents)

Look for our Junior Karate Class listed on page 25.
HORSEBACK RIDING LESSONS
Beginner to Intermediate
6yrs and older
Our riding program progresses through beginner into intermediate levels. Basic grooming, handling, safety leads straight into understanding the tack, adjustments & correct riding position & aid applications. Partnership with the horse requires patience and developing an understanding of becoming a fair, gentle leader. A shoe or boot with a heel is the only equipment you need; we provide the rest. Join us for fun and fresh air! Pre-registration required. Location: White Buffalo Horse Farm. Have questions? Please email Judy wbfjwatson@gmail.com

Mondays, 4:00pm-5:00pm
Wednesdays, 4:00pm-5:00pm
Fridays, 4:00pm-5:00pm
Saturdays, 10:00am-11:00am
Sundays, 10:00am–11:00am

April 26- May 21
June 8-30
July 7-August 3
August 4-31
September 4-30
$130/$140 (residents/non-residents)
Horseback riding classes are for youth and adult

COLORFUL TILES FOR 2
Adult plus Child 8 yrs or older
Our Alcohol ink tiles are so much fun to create, we thought it would be fun for children to try too! Each team (grown-up/child) will make their own tile to take home. This hands on class is fun, and will bring out the hidden artist in everyone. Jennifer Galvin will be sharing her “drip technique” so even beginner artists will have a unique piece that they will be proud to take home. It would be a perfect opportunity to make a Mother’s Day/Father’s Day gift for a family member or friend. Pre-registration is required. Location: Dorothy Hart Community Center.

Thursday, 6:30pm-7:30pm
May 2
$20 each adult/child pair (residents/non-residents) includes supplies

HANDMADE MOTHER’S DAY CARD MAKING
12yrs and older
Make cards together for Mother’s Day using handmade paper, washi tape, doilies, stickers, and other scrapbooking papers. A fun class for adults or children or even for parents and children together! We’ll experiment a bit with some pop-up card techniques and make several cards to take home! Pre-registration is required. Instructor: Jennifer Galvin. Location: Dorothy Hart Community Center.

Tuesday, 7:00pm-8:15pm
May 7
$15/$20 per person (residents/non-residents) includes supplies

MOTHER & SON DANCE
Ages 4 – 12 yrs
Join us for our annual Mother & Son Dance as a fun way to appreciate the most special women in our lives. Boys 4-12 years old are invited to take their moms, grandmas, aunts, sisters or beloved friends on a special Mother’s Day date! We will have a professional photographer taking optional portraits for those of you who would like a memento of this special night. Attire is everything from dress casual to fancy. Be ready for a fun evening out together! Sorry no dads allowed.

Friday, May 3 at 6:30pm – 8:30 pm
Dorothy Hart Community Center
Pre-registration: $12 per couple ($6 ea. add’l son)
At the Door: $15 per couple ($8 each add’l son) if space permits.

STUDY SKILLS
11yrs and older
Designed to help students with a desire to improve their learning skills. Middle school through adult students learn how to learn more efficiently and effectively. New students, established students, and high performing students can all benefit from this course. Not just for children, the course is also perfect for adults who are going back to school. Instructor: Claude Salcedo, MSEd, Co-owner of Learn2Learn, LLC. Pre-registration is required. Location: Dorothy Hart Community Center.

Tuesdays, 7:30pm-8:30pm
May 7-28
$65/$70 (residents/non-residents)
EXCEPTIONAL CHEFS CLASS HOSTED BY COOKING AUTISM, INC.
3yrs- 25yrs
Back by popular demand, we are excited to continue our monthly life-skills cooking class for youth 3-25 years of age, of any ability. We would like to encourage our special needs community to participate in these fun adaptive cooking classes. We will be providing communication tools, visual aids, and hand over hand support as needed. Each student will be assisted based on their ability and desire. Gluten Free and Dairy Free options available upon early request to April@CookingAutism.org.

Our classes will focus on FUN, fine motor skills, communication, socialization, answering questions, cooking, and eating. The best part… everyone will get to eat their own masterpieces! Each student will be given a Certificate of Mastery at the end of each session. *Our cooking menu will change each month. Please email April@CookingAutism.org for more menu details.
Classes will be held one Saturday a month in two convenient time slots, at the Dorothy Hart Community Center Kitchen. Each class is approximately 45 minutes. Please sign up quickly. Spaces are limited to 10 students per class. Children under the age of 14 must be accompanied by an adult. Pre-registration is required. Please let us know if we need to make wheelchair accommodations.

Saturdays, 1:00pm–1:45pm or 2:00pm-2:45pm
April 27
May 11
August 31
September 28
$16 per session (residents/non-residents)

ADAPTIVE SWIMMING
5 yrs and older
Children and young adults with special needs can learn to swim. These lessons are specialized for individuals (children/adults) with disabilities who cannot, or prefer not to be mainstreamed. Skills are adapted to meet participants’ needs and levels of function. Lessons will have smaller instructor-to-student ratio sizes. Participation of a family member is encouraged and may be required. Swim Lessons are open to children and adults of all abilities. Swim lessons are eight classes at 30 minutes each. The swim lessons will run two weeks with Monday-Friday the first week and Monday-Wednesday the second week. Thursday and Friday of the second week will only be used to make up missed classes do to cancellation. Pre-registration required for all levels. Held at the Doris E. Buffett Pool. Instructor: Parks & Rec Staff.

Session 2: June 17- June 26, 10:00-10:30am
Session 4: July 22-July 31, 10:00-10:30am
$39/$46 (residents/non-residents)

CAMP SPIRIT
8yrs and older
Let the Adventure Begin! This camp caters toward children and young adults diagnosed with an intellectual disability and/or Autism Spectrum Disorder. Campers will have fun walking/hiking, playing games, arts and crafts, swimming, and much more. Please dress accordingly and bring drink, snack, sunblock and bug spray. Instr: Parks & Rec Staff, Location: Varies each day (information will be sent out via email).

Mon- Fri, 9:00am-2:00pm
June 17-21
June 24-28
July 8-12
July 15-19
July 29-August 2
August 5-9
$50/$60 (residents/non-residents) per week per camper

SPORTS FOR THE SPECTRUM
8yrs and older
SPORSTsfortheSPECTRUM is an autism friendly sports camp that encourages kids on the spectrum to get up and get moving! The camp is designed to help kids 8 years and older practice social skills through learning team sports, and how to work with others to achieve a common goal. SPORTSfortheSPECTRUM’s mission is to provide kids with autism the opportunity to be a part of a team and learn that exercising can be fun! This 3-day, 3-hour camp will consist of the kids learning the fundamentals of a few designated sports, participating in team building and social exercises, and playing a game of the sport introduced that day. We understand that sports aren’t for everyone but if nothing else, SPORTSfortheSPECTRUM would like to provide a positive atmosphere where kids with autism can practice their social skills and have the chance to get some exercise! Location: varies each day. More information will be e-mailed prior to the start of camp.

Fri-Sun, 4:00pm – 7:00pm
June 7 – June 9
August 2 – August 4
$65/$85 (residents/non-residents)

JOIN US!  @FredParksRec
www.FredParksRec.com

SEE MORE SWIMMING POOL INFORMATION ON PAGES 16-19.
2019 Pool Events

May 18- Season Prep with National Learn to Swim Day
Celebrate National Learn to Swim Day with a season prep day! Stop by the pool from 11:00am - 6:30pm to celebrate and get ahead of the rush. We will have free group sample swim lessons along with swim testing for the upcoming season. This is a great opportunity to get household information set up and swim tests done before the start of the season and long lines. Open swimming will not be permitted only swimming for lessons and testing. Admission is free and goodies will be served throughout the day.

June 16 - Father’s Day
Fathers swim for free all day. Fathers will receive a special surprise.

June 21-22 - Great American Backyard Campout at Dixon Park
Co-hosted with the Fredericksburg Police Department. Enjoy an evening of games, campfire, s’mores and activities at the pool. Patrons will have the opportunity to camp at Dixon Park and enjoy dinner and breakfast poolside. Set up your tent outside the pool area and enjoy swimming and games into the night and early morning! Check in at 6:00pm on Friday and check out by 10:00am on Saturday. $10 per person, children 3 and under free. Children (17yrs and younger) must be accompanied by adult. Pre-registration is required. Visit our website or the Dorothy Hart Community Center for more information and to register.

July 19 - Float-in Movie Night
Bring the family to the pool and enjoy a movie while swimming or bring a blanket and sit in the lawn. $5 per person. Open to all ages. 8:00pm-10:00pm (time may vary based on sunset and movie length). Admission includes free popcorn. The movie will be voted on prior to the event.

July 26 - Adaptive Family Luau
Join us for a family fun luau! We will have music, games and activities throughout the evening. Open to all ages and abilities but caters to the special needs community. $5 per person. 6:30pm-8:30pm. Admission includes snacks and drinks.

August 2 - National Watermelon Day
Join us for free Watermelon! We will have watermelon activities and games throughout the day including a watermelon eating contest.

August 9 - Superhero’s Night
Calling all superheroes! Dress up at your favorite superhero and join us at the pool for some fun games, music and activities. $2 per person. Open to all ages. 8:00pm-10:00pm

August 21 - National Senior Citizen Day
Ages 55 and up enjoy exclusive swim time from 9:00am-11:30am with free admission and treats throughout the day.

September 6 - Soggy Doggy Swim
5:30pm – 8:00pm. Register at the Dorothy Hart Community Center. $5.00 for up to two dogs
FPRE works hard to ensure the health and safety of our pool patrons by following industry best practices and CDC health guidelines. Please note the swim attire requirements for the Doris E. Buffett Pool.

- All persons on the pool deck and/or swimming in the pool must have on proper swim attire.
- All infants/toddlers that require a diaper must wear swimmer diapers and proper swimwear overtop of the swim diaper.
- Clean cotton t-shirts and sarongs are allowed on the pool deck, however patrons must have on proper swim attire underneath.

IT IS THE PATRON’S RESPONSIBILITY TO HAVE PROPER SWIM ATTIRE. The front gate staff will work hard to ask/remind every patron/group prior to entering the pool. Signs are posted at the front gate and throughout the pool as a reminder. All pool staff will enforce swim attire requirements. Patrons who enter the pool without proper swim attire will be asked to exit the pool immediately. REFUNDS WILL NOT BE ISSUED FOR IMPROPER SWIM ATTIRE. If you are unsure of the requirement please ask the front gate staff prior to paying and entering the pool area.

The following attire is not allowed at the Doris E. Buffett pool:

- “Street clothes,” Brazil/French-cut, thong style and/or revealing swim wear, cut-off jeans, jeans, skirts, shorts, sport bras, leotards, leggings, dri-fit wear, compression shorts and compression shirts are prohibited. Underwear and undergarments are not allowed to be worn under swimsuits.

Pool patrons often ask, “Why do I have to wear proper swimwear?” Here are just a few reasons why it is important to wear proper pool attire in the pool.

1. Street clothes (especially cotton) can transport airborne and ultimately water borne contaminants into the pool.

2. Lycra and Nylon are the best non-absorbent material for swimming and are the best fabrics for proper swim attire.

   - Other absorbent materials (such as cotton) can break down in the water and cause fibers to clog filters.

   - Any “colored” material (unless specifically made for swimming) can bleed into the pool, affecting water chemistry and balance. This is also a reason for turbidity (cloudiness) in pools.

3. Cotton and similar materials can absorb the chemicals in the water, causing the water to become less effective at maintaining the proper chemical balance or may cloud the water.

### ALLOWED

- Swim Trunk
- Swim/Surf Short*
- 2 piece Bathing Suit
- 1 piece Swimming Suit
- Swimmers Diapers
- Deck Wear Only
- T-shirt
- Hip Hugs
- Sarongs

### NOT ALLOWED

- Cut-off Shorts
- Halter Top
- Leotard
- Sports Bra
- Long Sports Bra
- Thong
- Tennis Skirt
- String Thong
- White Underwear
- Tube Socks
- Long Cut-off Shorts
- Compression Shirt

*When purchasing, please confirm that this item is specifically made for swimming/pooling pools.
AQUATICS

SWIM LESSONS
Swim Lessons are open to children and adults of all abilities. Swim lessons are eight classes at 30 minutes each. The swim lessons will run two weeks with Monday-Friday the first week and Monday-Wednesday the second week. Thursday and Friday of the second week will only be used to make up missed classes due to cancellation. Held at the Doris E. Buffett Pool. Instructor: Parks & Rec Staff. Pre-registration required for all levels.

Session Dates
Session 1: June 3-12 (evening only)
Session 2: June 17-26
Session 3: July 8-17
Session 4: July 22-3
$39/$46 (residents/Non-Residents) for classes Preschool through Level 4. Private lessons are $120.00 (see description under Private Lessons).

SWIM LESSON DESCRIPTIONS

Parent/Child Swimming
Ages: 6 months - 3yrs
These skills offer a foundation for learning the swimming strokes. Safety topics are also presented. A parent is required to be in the water. Instructor will work with each group/level as determined. Pre-registration required.

Preschool Swim Lessons
Ages: 4yrs - 5yrs
Children are taught to feel comfortable in the water while learning elementary aquatic skills. Pre-registration required.

Level 1: Introduction to Water Skills -- Water adjustment, floating, breath control, water entry/exit.

Level 2: Fundamental Aquatic Skills -- Breath holding, retrieving objects, orientation to deep water, front and back floating.

Level 3: Stroke Development -- Object retrieval (eyes open), bobbing (submerged head), jumping into deep water, diving from a kneeling position, glides, arm strokes, back crawl, elementary backstroke, reversing directions while swimming on front and back, treading water, deep water entry with life jacket, H.E.L.P. position, huddle position, and basic rescue techniques. Must pass Level 2 skill test to enter Level 3.

Level 4: Stroke Improvement -- Deep water bobbing, rotary breathing, diving from side of pool (stride and standing positions). Must pass level 3.

ADAPTIVE SWIMMING
5 yrs and older
Children and young adults with special needs can learn to swim. These lessons are specialized for individuals (children/adults) with disabilities who cannot, or prefer not to be mainstreamed. Skills are adapted to meet participants’ needs and levels of function. Lessons will have smaller instructor-to-student ratio sizes. Participation of a family member is encouraged and may be required.

Session 2: June 17- June 26 at 10:00-10:30am
Session 4: July 22- July 31 at 10:00-10:30am

PRIVATE LESSONS
All Ages
Private lessons offer one-on-one instruction for all ages and all abilities. Sessions (8- 30 minute classes) are scheduled by you and an instructor during the months of June-August. Instructor will call to schedule.

SENIOR CITIZEN DAYS
Open to ages 55yrs and up! Grab your towel, sunglasses, and sunscreen and join us at Doris E. Buffett Pool for a special swim! The pool will be yours and we promise no cameras! So, pack your bag, get that swim suit out of the closet and come enjoy the pool. Seniors Rule! Registration is easy…. just show up!

Wednesdays, August 7-August 28, 11:30am–2:00pm
Residents are FREE! Non-residents are $2 per day.

AQUATICS THERAPY HOUR
Every Tuesday throughout the summer the pool will open one hour ahead of the regular schedule for aqua therapy. Patrons enjoy a quiet pool with self-directed exercise and swim. This is ideal for senior citizens to help with arthritis, physical therapy and improve joint motions. This is also a time for patrons with special needs to get comfortable in the water, do physical therapy and practice water safety skills without the chaos of regular pool hours. No recreational swimming during this time. Pool staff reserve the right to cancel/change throughout the year.

Thursdays, May 30-August 29, 2:30-3:30pm (before June 15) or 10am-11am (after June 15)
Residents are FREE! Non-residents are $2 per day.

FLYING FISH SWIM TEAM
Please contact Ferry Farm Flying Fish directly for details at ferryfarmflyingfish@gmail.com.

Aquatics at Buffett Pool                     540-372-1086 ext. 217
**Class Schedule:**

Week 1: Monday-Friday
Week 2: Monday-Wednesday

Makeup Days: Thursday & Friday of week 2

**Please note the NEW schedule!**

### Level 1- Ages: 6yrs - 17yrs

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<td>Session 4</td>
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<td>July 22-26 and July 29-31</td>
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DIPNETTING FOR DRAGONFLIES
3 ½yrs - Adult
Search the greening lakeshore for aquatic insects, tadpoles, crayfish, cricket frogs and more! There’s a world of wonder just beneath the water’s surface. Wear mud shoes. Pre-registration required (Kids must attend with paying adult). Location: Motts Run Reservoir
Saturday, May 18, 10:00am-11:00am
$6/$6 (resident/non-resident)

POCKET’S 22ND BIRTHDAY CELEBRATION!
Ages 3 - 12yrs
Come out and celebrate Pocket the Snake’s 22nd Birthday!
We’ll learn about reptiles, make a snake craft, eat a slithers snack and of course play with Pocket! Location: Motts Run Nature Center
Saturday, July 20, 10:00am-11:00am
$7/7 (residents/nonresidents)

SUNSET CANOE FLOAT
6yrs-Adult
Enjoy a peaceful flat-water float at sunset! We’ll peek into coves, listen for the call of frogs and night insects, savor the serenity of a summer evening, and enjoy a delicious treat served afloat. No experience necessary. For adults and families (every age pays). Life jackets provided. Pre-registration required. Location: Motts Run Reservoir
Saturday, July 6, 7:00-8:30pm
Saturday, August 10, 7:00-8:30pm
$10/$10 (residents/non-residents)

FEELING FROGGIE
6yrs and up
Bullfrogs bellowing, Cricket Frogs clicking, Fowler’s Toads wailing, and more, on this Froggin good Adventure. We’ll use nets to scoop up some of the frogs that call Motts Run home and then stroll the shores, listening to the symphony of the night! Just bring a flashlight and wear boots or shoes you can get muddy. (Adults and kids both pay!) Location: Motts Run Nature Center
Saturday, August 31, 8:30pm-9:45pm
$6/$6 (residents/non-residents)

GREAT AMERICAN BACKYARD CAMPOUT AT DIXON PARK
All Ages
Join PR&E and the Fredericksburg Police Department for an evening of games, campfire, s’mores and activities at the pool. Patrons will have the opportunity to camp at Dixon Park and enjoy dinner and breakfast poolside. Set up your tent outside the pool area and enjoy swimming and games into the night and early morning! Check in at 6:00pm on Friday and check out by 10:00am on Saturday. Children (17yrs and younger) must be accompanied by adult. An email will be sent out to registered patrons with more details prior to the event. Pre-registration is required. Location: Dixon Park. Co-hosted with FPD
Friday, June 21-Saturday, June 22
6:00pm-10:00am
$10 per person (Ages 3 and under are free)

KIDS’ FISHING DERBY
at Motts Run Reservoir
Saturday, June 8, 2019
(Raindate: June 9th)
Registration on site 7:30am-10am
Tournament 8:30am-11am
Weigh-in throughout the day: 8:30am-11:00am
Final weigh-in: 11:30am
Awards are immediately following Final weigh-ins
FREE! Ages 4-16 years Fishing, boat rental, games, door prizes every hour, vendors, hiking, picnicking…fun for the entire family! (VA Game Dept. ‘Free Fishing Weekend’ – no license required!) VOLUNTEERS & SPONSORS NEEDED! Sponsored by Fredericksburg Parks & Recreation and the Weekend Bassers. For information call 540-372-1086.
Youth Sports & Activities

Quick Sticks Field Hockey
Nothing is more satisfying than whacking a small ball, with a field hockey stick. But field hockey lets you dribble that ball, flick it, roll it, slide it around and between people’s legs, glide it, pass it, and much more. Field hockey is a team sport that is becoming more popular every year. Give it a try, and you will surely become hooked! Grab your stick and be sure to register. Practices are either Mondays & Wednesdays, or Tuesday & Thursdays. Games are during the week and on Saturdays. All practices and games will be played at Dixon Park. Participants will need their own field hockey stick, mouth guard and shin guards. The age determination date will be November 1st, 2019. Registration begins May 13 for City residents and May 20 for Non-City Residents. Deadline to register is June 28. There is a $10 fee for late registration. Location: Dixon Park.

Rookies (7yrs – 9yrs)
Juniors (10yrs – 12yrs)
Seniors (13yrs – 15yrs)
Mondays-Saturdays
August 5 – October 5 or before
Times Vary- Weekdays, Evenings and Saturdays
$30/$60 (resident/non-residents)

Lil’ Kickers
4yrs – 5yrs
Lil’ Kickers is our introduction to soccer program for kids, teaching players the basic fundamental skills to soccer in a non-competitive environment. This program only meets for an hour on SATURDAYS for five weeks. Teams will practice for the first 30 minutes and scrimmage for the last 30 minutes. No age waiver is allowed to get into Lil’ Kickers Program. Participants must wear shin guards. Age determination date will be November 1st, 2019. Registration starts May 13 for City residents and May 20 for Non-City Residents. Deadline to register is August 16. There is a $10 late registration fee. Location: Dixon Park.

5 Week Program (Meets on Saturdays only)
Sessions 1: 9:00am – 10:00 am
Session 2: 10:00am- 11:00am
September 7 – October 5
$25/$50 (residents/non-residents)

Officiate Our Sports
Interested in officiating a sport? Get involved with your local association to officiate various levels of games. You’ll learn rules and regulations as well as points of emphasis for each year. This is a great way to be involved with the sport you love.

Baseball
Fredericksburg Umpires Association
Jeremy T. Bullock
jeremytravisbullock@gmail.com

Basketball
Battlefield Basketball Officials Association
Randy Bockendstedt
rjbockenstedt@gmail.com

Field Hockey
Fredericksburg Area Officials Association
Angela Harding
hardingab@staffordschools.net

Football
Rappahannock Valley Football Officials Association
Eric Barnes
106barnes@gmail.com

Soccer
Rappahannock Soccer Association
Gregory.hauck@gmail.com

Volleyball
Fredericksburg Volleyball Officials
Nina Brown
N2outdoorvb@yahoo.com

Youth Soccer
Are you the next Carli Lloyd or Clint Dempsey? Come show us your skills for our fall soccer league. Players learn fundamentals including dribbling, passing, shooting and teamwork. Participants must wear shin guards. The age determination date is November 1st, 2019. Registration begins May 13 for City residents and May 20 for Non-City Residents. Deadline to register is June 28. There is a $10 late registration fee for any late registration. Location: Dixon Park.

Novice (6yrs – 7yrs)
Rookie (8yrs – 9yrs)
Junior (10yrs – 12yrs)
Senior (13yrs – 16yrs)
Mondays – Saturdays,
Times Vary
August 5 – October 5 or before
$30/$60 (resident/non-residents)

Department policy states that special request for team placement cannot be honored. This includes requests for carpooling, assignment with friends, or particular coaches, specific practice times, etc.
A BIG THANK YOU TO OUR YOUTH BASKETBALL COACHES

Antarae Byrd
Michael Kole
Remy Burris
Joe Conrad
Patrick Whalen
John Coker
Aaron Albert
Robert Bailey
Tim Mead
Donovan Frost
Josef Koza
Julie Pierce
Kentrale Washington
James Whitman
Vince Ventura
Jeh Hicks
Aimee Hardy
Jack Hardy
Joe Hardy

Christina Poore
Jon Atkins
Jennifer Gallaway
Romel Turner
Charlie Frye
Sedimak Ankah
Hamish Malin
Rebecca Malin
Chris Franklin
James VanHoy
Christina Stultz
Adam Stultz
Greg Hendrix
Glen Scott
Tkeyah Adderton
Crystal McConnell
Gary Johns, Jr.
Brent Proudfoot
Bruce Johnson, Jr.

THANK YOU BASKETBALL TEAM SPONSORS!

Jonathan & Co.
Tim Mead (Follow Your Dreams)
Ventura Law Associates
Piedmont Farm & Greenhouse
Parrish Snead Franklin Simpson, PLC Attorneys at Law
Play It Again Sports
Kappa Foundation of Fredericksburg

TOP REASONS TO COACH

• Share your love of the game with kids
• Learn new personal skills
• Have fun
• Become a role model
• You want to be a part of our child’s sport experience
• Teach kids life skills
• Coaches are invited to our Volunteer Social
• Coaches earn “Parks & Recreation” dollars to spend on activities
• Develop relationships

WOULD YOU LIKE TO COACH?

If you have a love of the game and enjoy working with children and passing on that interest, call us! All of our youth sports coaches are volunteers. We rely first on parents to volunteer to coach their child(ren)’s youth sports team.

Our seasons are about 8 to 10 weeks long. You bring us your enthusiasm and we’ll give you what you need to get started as a volunteer coach!

Call 540-372-1086 or email fredprpf@fredericksburgva.gov.

MIDNIGHT MADNESS SUMMER SERIES

11yrs-17yrs
This summer series is designed to provide a positive experience for the youth throughout the summer. There will be an educational workshop each evening in addition to playing basketball in a structured setting. This Summer Series is a free program and is for City residents only. The Summer Series will have multiple nights of Splash Time at Dixon Park Pool. In Partnership with the City Schools and Police Department, bus transportation will be provided to and from Walker Grant Middle School and Dixon Park Pool. Participants must be 11yrs by June 21st to start the program. There will be no age waivers for this program, no online registration, and no registrations will be accepted on site. Registration opens April 8th. You must register at Dorothy Hart Community Center. Location: Walker Grant Middle School and Doris E. Buffett Pool

Fridays, 8:00pm – 11:00pm
June 21 – July 26, Free

YOUTH SPORTS 540-372-1086 EXT. 214
**Advanced Youth Tennis**

11yrs – 18yrs
This course is for players who have mastered the basic strokes and are interested in playing at a higher level. This class will include dynamic warm-ups, quickness and agility movements; high level tennis drills, and match play. Class will be organized by George Christoforatos. Instructor: Certified teaching professionals, and players Mr. Christoforatos use to run his clinics. Location: Kenmore Tennis Courts
- Mondays and Wednesdays, 7:00pm – 8:00pm
- April 1 – May 8
- May 13 – June 24 (No session on Monday, May 27)
- July 8 – August 14
- $60 per session for Monday only (residents/non-residents)
- $100 per session for both days

**Beginning/Intermediate Youth Tennis**

11yrs – 18yrs
This course is for those learning the sport and teaches basic instruction. Proper tennis technique will be emphasized. Basic strokes including Forehand, Backhand, Volleys, Overheads and Serve will be mastered. This course will include dynamic warm-ups, quickness and agility movements; hand toss drills with corrections, racquet fed drills and minimal live ball drills. Class will be organized by George Christoforatos. Instructor: Certified teaching professionals, and players Mr. Christoforatos use to run his clinics. Location: Kenmore Tennis Courts
- Mondays and Wednesdays, 6:00pm – 7:00pm
- April 1 – May 8
- May 13 – June 24 (No session on Monday, May 27)
- July 8 – August 14
- $60 per session for Monday only (residents/non-residents)
- $100 per session for both days

**Advanced (Orange Ball/Green Dot Ball)**

4yrs – 10yrs
This course is for those players who have mastered the basic strokes, and are interested in playing at a higher level. The national programming format for USTA will be utilized for this class. This will be a fun class with drills and games developed specifically for 10 and under development programs. Class will include dynamic warm-ups, quickness and agility movements; high level drills and minimal match play. Class will be organized by George Christoforatos. Instructor: Certified teaching professionals, and players Mr. Christoforatos use to run his clinics. Location: Kenmore Tennis Courts
- Mondays and Wednesdays, 6:00pm – 7:00pm
- April 1 – May 8
- May 13 – June 24 (No session on Monday, May 27)
- July 8 – August 14
- $60 per session for Monday only (residents/non-residents)
- $100 per session for both days

**Beginning-Intermediate (Red Ball/Orange Ball)**

4yrs – 10yrs
This course is for players who are learning the sport and need basic instruction. The national programming format for USTA will be utilized for this class. This will be a fun class with drills and games developed specifically for 10 and under development programs. Class will be organized by George Christoforatos. Instructor: Certified teaching professionals, and players Mr. Christoforatos use to run his clinics. Location: Kenmore Tennis Courts
- Mondays and Wednesdays, 6:00pm – 7:00pm
- April 1 – May 8
- May 13 – June 24 (No session on Monday, May 27)
- July 8 – August 14
- $60 per session for Monday only (residents/non-residents)
- $100 per session for both days

**Pickleball Lessons**

18yrs – Adult
Pickleball is the fastest growing adult sport in the country. Played on a badminton court with the net lowered to 34 inches, the sport encompasses elements of tennis, racquetball, and ping-pong. All available courses are four (4) weeks in length. The instructor will teach the basic skills of the sport including equipment, game play, rules, scoring, strokes, serve, and game etiquette, as well as skills, tactics, and strategies to work on consistency in basic shots, coming to the net, and dinks. Each program lesson is open to a maximum of 16 participants. Location: Memorial Park
- Session 1: May 7 – 28, Tuesdays, 9:00am – 11:00am and/or 6:00pm – 8:00pm
- Session 2: June 4 – 25, Tuesdays, 9:00am – 11:00am and/or 6:00pm – 8:00pm
- Session 3: July 9 – 30, Tuesdays, 9:00am – 11:00am and/or 6:00pm – 8:00pm
- Session 4: August 6 – 27, Tuesdays, 9:00am – 11:00am and/or 6:00pm – 8:00pm
- $40/$45 (residents/non-residents)
Active Older Adults

Group Fitness

Punch Card Programs

Group Fitness classes require a Group Fitness Punch Card. These cards allow you the flexibility to choose and try any and all fitness classes. Take a look at our offerings to see what fits your busy schedule and stop in to purchase your card to good health today! Class times are subject to change. All fitness classes are 50 minutes in length and on-going with no specific start date unless otherwise stated in the description below. Location: Dorothy Hart Community Center

Each time you attend a class, it is 1 punch. Group Fitness Punch Cards expire 30 days from purchase and can only be acquired in person at the Dorothy Hart Community Center.

Group Fitness Punch Card Options and Fees:
- 30 Day Pass (Unlimited Classes) - $40/$45 (residents/non-residents)
- Flex 12 Punch Card - $35/$40 (residents/non-residents)
- Flex 8 Punch Card - $30/$35 (residents/non-residents)
- Drop in fee for any class $5

Strength, Tone and Sculpt

If you want strong bones and to build muscles that burn fat, then come join us. We work on our entire body including upper body, lower body, and abdominals through the use of free weights, flexibility ball, and exercise tubes. Instructor: Pam Wrobel, ACE & CPR Certified.

- Mondays and Wednesdays 6:00pm-6:50pm

Early Morning Sculpt and Tone

Start your day off with this early morning workout. This program includes a variety of exercises to include ballet, yoga and Pilates to strengthen, tone, and keep you flexible. You’ll find you have more energy throughout the day and be glad you got out of bed in time to get in shape. Instructor: Pam Wrobel, ACE & CPR Certified.

- Mondays, Wednesdays, Fridays 8:10am-9:00am

Cardio and Strength Training for Active Older Adults

This unique strength training program is specifically geared toward the Active Older Adult. We combine low impact cardio elements, resistance training, along with core condition floor work. We’ll end class with relaxing stretches, which will help improve flexibility and also reduce stress. A perfect way to end your workout! Instructor: Teresa Powell, CPR Certified.

- Tuesdays 8:30am-9:20am and 1:00pm-1:50pm

- Thursdays 1:00pm-1:50pm

Pilates for the Beginner to Intermediate Levels

Pilates is for all ages, genders and abilities! Most body aches and pains are due to muscular imbalance. Pilates strengthens the muscles that support the spine (the neck, shoulders, abdominals, hips and thighs); assisting to realign the spine and strengthen the body from the inside out. This class will focus on activating deep muscles while helping tone, streamline and improve your posture through the emphasis on body conditioning, core muscle training, and flexibility. You will also learn to do Pilates exercises with props, such as small balls, large medicine balls, stretch bands, hand weights, Pilates rings and foam rollers. Instructor: Teresa Powell, CPR Certified.

- Mondays, Wednesdays, Fridays 11:30am-12:20pm

Balance and Gentle Stretching

This class addresses the issue of core stability through balance exercises. Gentle stretching would target the flexibility of individuals; keeping them limber for daily activities. Instructor: Pam Wrobel, ACE & CPR Certified.

- Tuesdays and Thursdays 8:15am-9:00am

540-372-1086 ext. 208
**ACTIVE ADULTS**

**ISSHINRYU KARATE**
8yrs – Adult
This program is for adults and children alike to help develop coordination, muscle tone, and self-confidence. The instructor does more than teach the basic karate movements; he also works on discipline and respect for others. It’s a fun, inexpensive way to experience all the value of a martial arts program. And parents, you can take it with your kids! Location: Dorothy Hart Community Center

- Saturdays, 10:00am – 12:00pm
- April 27 – June 8 (No class May 25)
- June 29 – August 3
- September 7 – October 12
- $40/$50 (residents/non-residents)

**JUNIOR KARATE**
5yrs – 7yrs
Our Junior Karate class is a great introduction into the world of martial arts for children. It is an excellent way to develop self-confidence, balance, and discipline. Be sure to register early, class size is limited. Location: Dorothy Hart Community Center

- April 27 – June 8 (No class May 25)
- June 29 – August 3
- September 7 – October 12
- $40/$50 (residents/non-residents)

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**ZUMBA TONING & ZUMBA FITNESS**

It’s a big fitness party!
The party starts with a 30-minutes body-sculpting and high-energy cardio workout (using light weight Zumba Toning sticks) with Latin-infused music and moves to create a calorie-torching, strength-training dance. For the second half of the class, the calorie-burning continues as we groove to Latin and international-inspired beats, and explore dances like salsa, flamenco, and merengue. It’s too much fun to be called a workout! Classes will be held with the contingency that 5 participants are signed up.

- Mondays, 5:40pm - 6:40pm
  - May 6, 13, 20
  - June 3, 10, 17, 24
  - July 1, 8, 15, 22, 29
  - August 5, 12, 19, 26
  - September 9, 16, 23, 30
  - $56/$65 (residents/non-residents)
  - $7 Drop-in fee

**BEGINNING BELLYDANCE**

12yrs – Adult
The ancient moves of belly dance tone and strengthen your core, so you can move with grace and confidence. Instruction is easy to follow and all are welcome. Exercise wear is recommended and slippers are optional. Pre-registration required. Instructor: Anthea Poole. Location: Dorothy Hart Community Center

- Wednesdays, 7:00pm – 8:00pm
  - May 1, 8, 15, 22
  - June 5, 12, 19, 26
  - July 10, 17, 24, 31
  - August 7, 14, 21, 28
  - $48/$59 (residents/non-residents)
  - $10 Trial class fee

**CONTINUING BELLYDANCE**

12yrs – Adult
This class is for those who know the basics and want to learn routines and various styles, using various props and finger cymbals. Must have completed Beginner Bellydance. Exercise wear is recommended and slippers are optional. Pre-registration required. Instructor: Anthea Poole. Location: Dorothy Hart Community Center

- Wednesdays, 8:00pm – 9:00pm
  - May 1, 8, 15, 22
  - June 5, 12, 19, 26
  - July 10, 17, 24, 31
  - August 7, 14, 21, 28
  - $48/$59 (residents/non-residents)
  - $15 Drop-in fee
ADULT SPECIAL INTEREST

BASIC DOG MANNERS
16yrs and older
Using positive reinforcement methods based on current learning theory and behavior modification techniques, we will teach YOU to teach the dog to respond to your commands of: Come, Sit (and Stay) Down (and Stay) and Heel. Instructor, Sarah Ferrell, teaches the skills dogs need to pass the AKC Canine Good Citizen test. Dogs of all ages and sizes are welcome, but the dog must be at least 14 weeks old and have had at least 2 of 4 puppy vaccinations. Participants in all classes must show current veterinary vaccination at first night’s orientation. Positive reinforcement methods only. We will learn to use a clicker. Students learn to use their clicker to show dogs the desired behavior and give immediate rewards. Dogs attend ALL five classes. Students will receive e-mail homework and dog behavior discussions. We will have a festive graduation with prizes and photo opportunities week 5. Email instructor, Sarah Ferrell at saf@abrohamneal.com to request a supply list and class orientation sheet after you register. Pre-registration is required.

Location: Dorothy Hart Community Center

Wednesdays, 4:00pm–5:00pm
May 1- June 19 (No class May 15, May 29 and June 5)

Wednesdays, 7:00pm–8:00pm
May 1- June 19 (No class May 15, May 29 and June 5)

$60/$65 (residents/non-residents)

ADVANCED DOG MANNERS
16yrs and older
In response to graduates of our Basic classes, we offer advanced skills classes for dogs who want to go a bit further in their good manners mastery. Instructor, Sarah Ferrell, will teach you positive reinforcement techniques for helping your dog master longer sit and down stays; calm, leisurely loose lead walking; and fast, enthusiastic “Come!” when called. Dogs will learn to do their work, on request, even with distractions like strangers knocking on the door, humans jogging while they concentrate on sit or down, watching their humans even when tantalizing dog fun activity unfolds around them. For the dogs that came to a Basic Dog Manners class and now want to hone their attention and obedience response vocabulary, this is the class for you. We will work on all ten tasks of the AKC CGC test and will take the CGC test at graduation. Owners working on their AKC Novice work may wish to practice a run-through of the AKC Novice work as their graduation exercise. As in all Dog Manners classes, we will have a festive graduation our last session. Students will receive e-mail homework and dog behavior discussions. Please email instructor, Sarah Ferrell at saf@abrohamneal.com to request a supply list and class orientation sheet after you register. Pre-registration is required.

Location: Dorothy Hart Community Center

Wednesdays, 1:00pm–2:00pm
May 1- June 19 (No class May 15, May 29 and June 5)

$60/$65 (residents/non-residents)

HEARTSAVER FIRST AID AND CPR/AED CERTIFICATION
14yrs and older
HeatSaver® CPR AED is a classroom, video-based, instructor-led course that teaches student critical skills needed to respond to and manage a first aide, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical services (EMS) arrives. Please see our complete listing of classes on our online registration site. Multiple days and dates are available. Please bring a bag lunch! Pre-registration required. Location: DHCC Instructor: Tim Carpenter (cpr.4_life@yahoo.com).

Tuesdays, 9:00am–5:00pm
May 14
June 11
July 9
August 13
September 10

$60/$65 (residents/non-residents)

ASHI WILDERNESS FIRST AID CERTIFICATION
14yrs and older
Wilderness environment create special emergency situations. This 16 hour intense course is designed for Boy and Girl scouts/Adventure groups leading outdoor adventures. CPR certification not included (course offered separately through Parks, Recreation and Events). Real-life scenarios will be incorporated as we covered preparation, assessment, preventing and caring for injuries and much more in this hands-on training by an ASHI (American Safety & Health Institute) instructor. Book and certificate included. Bring a bag lunch. Pre-registration required. Location: Motts Run Nature Center. Instructor: Tim Carpenter (cpr.4_life@yahoo.com).

Saturday and Sunday, 9:00am–4:00pm
September 19-20

$160/$160 (residents/non-residents)

GRADUATE SCHOOL DOG MANNERS
Graduates of Sarah Ferrell’s Advanced Canine Good Citizen class who have passed the CGC test are invited to join us to work on polishing our obedience skills beyond the basics. Class will focus on smooth, reliable loose lead walking, long distance and duration sit and down stays and speedy response to commands. Dogs and handlers will have fun enhancing attention and teamwork while mastering new exercises not practiced in; Basic’, nor in ‘Advanced/CGC’ class. Trainers working on their AKC Novice work may wish to practice an AKC Novice obedience ‘run through’ as their graduation exercise. Must have graduated from Sarah’s CGC class, passed the AKC CGC test, and e mail Sarah for a letter of permission to sign up for Graduate School Dog Manners. Email Sarah at saf@abrohamneal.com with ‘Graduate School’ request.

Wednesdays, 2:30pm–3:30pm
May 1- June 19 (No class May 15, May 29 and June 5)

$89/$99 (resident/non-resident)
HAPPY HOUR ART CLASSES
16 yrs and older
These two hour classes are geared toward non artists. They are a fun gathering that involves a project that will be finished in one class. The supplies are included in the cost of the class. Bring a beverage of your choice and a snack to share. To steal a phrase...when was the last time you did something for the first time?
Instructor: Cheryl Bosch. Questions? Cheryl@framedesignsgallery.com. Pre-registration is required at the Dorothy Hart Center. Class Location: Frame Designs Gallery, 105 Hill Street, Fredericksburg, VA 22408.

Embroidered Sneakers
Create unique embroidered sneakers.
* Monday, April 22, 6:00pm-8:00pm
* $10 per person (residents/non-residents)
* Does not include sneakers.

Colorful Pet Portraits
We offer two separate sessions due to their popularity. Send Cheryl a photo of your pet and she will have your drawing ready to paint.
* Monday, 6:00pm-8:00pm
* June 17
* $35 per session (residents/non-residents)

Painted Glassware
We offer two separate sessions due to their popularity. Create dishwasher safe painted glassware.
* Monday, 6:00pm-8:00pm
* May 20
* $25 per session (residents/non-residents)

Decoupage Basket
These baskets make wonderful gifts and are super easy and useful.
* Monday, June 3, 6:00pm-8:00pm
* $25 per person (residents/non-residents)

Painted Canvas Photo Frames
Bring your photo and the instructor will help you create a wonderful painted canvas frame for it.
* Monday, 6:00pm-8:00pm
* Monday, July 22
* $30 per session (residents/non-residents)

Handmade Mother’s Day Card Making
12 yrs and older
Make cards together for Mother’s Day using handmade paper, washi tape, doilies, stickers, and other scrapbooking papers. A fun class for adults or children or even for parents and children together! We’ll experiment a bit with some pop-up card techniques and make several cards to take home! Pre-registration is required. Instructor: Jennifer Galvin. Location: Dorothy Hart Community Center.
* Tuesday, May 7, 7:00pm-8:15pm
* $15/$20 per person (residents/non-residents) includes supplies

FINES ARTS
16 yrs and older
These introductory classes are geared toward the beginner. The students will have a chance to try these mediums before purchasing supplies. All materials will be supplied for them. These are each two week classes. Instructor: Cheryl Bosch.
Questions? Cheryl@framedesignsgallery.com. Pre-registration is required. Location: Frame Designs Gallery, 105 Hill Street, Fredericksburg, VA 22408.

Introduction to Pastels
* Sundays, April 28 and May 5
* 2:00pm-5:00pm
* $50 per person (residents/non-residents)

Introduction to Acrylics
* Sundays, May 19 and 26
* 2:00pm-5:00pm
* $50 per person (residents/non-residents)

Introduction to Oils
* Sundays, June 9 and 23
* 2:00pm-5:00pm
* $50 per person (residents/non-residents)
PICNIC IN THE PARK
Tuesdays in May and June
Free Admission, public is invited. Live music and children’s activities. Bring a picnic lunch or buy one from our park vendors while you enjoy the sunshine with your children, friends and co-workers!
11:30am – 1:30pm at Hurkamp Park

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<th>May 7</th>
<th>May 14</th>
<th>May 21</th>
<th>May 28</th>
<th>June 4</th>
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SUMMER CONCERTS IN HURKAMP PARK
At Hurkamp Park. Free admission, public invited.
Sponsored by the Fredericksburg Community Concert Band and Fredericksburg Parks, Recreation & Events.
For more information call 540-372-1086 or fredericksburgcommunityband.com.

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<tr>
<th>June 15 at 7:00pm</th>
<th>June 3 at 7:00pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>(raindate 6/26)</td>
<td>(raindate 8/17)</td>
</tr>
</tbody>
</table>

CALL FOR PHOTOGRAPHERS!
Enter your work in the 2019 FREDERICKSBURG PHOTOGRAPHY SHOW

Entry deadline May 24, 2019.
Entry forms available online at www.fbgphotoclub.com
Show dates: June 6-9, 2019

Sponsored by the Fredericksburg Photography Club with support from Fredericksburg Parks, Recreation & Events Department.

For more information visit www.fbgphotoclub.com or call (804) 840-2580

NATURE BASED MINDFULNESS CLASS
18 yrs and older
Nature based practice to enhance inner peace and well-being. Activities designed to bring participants “back to themselves” by using senses within the natural environment to learn and practice ways to inhabit our full experience of body, mind, and relationship. Sessions will include: guidance and instruction; active practice; shared group discussion. Bring: water; blanket, towel or mat; notepad. Wear comfortable clothing and slip-on shoes. Pre-registration is required. Instructor: Carol Westphal, LCSW Location: Healing Grove in Memorial Park (Kenmore Ave).

<table>
<thead>
<tr>
<th>Saturdays, 10:00am–11:30am</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 4</td>
</tr>
<tr>
<td>June 1</td>
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<tr>
<td>July 6</td>
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<tr>
<td>August 3</td>
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<tr>
<td>September 7</td>
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<tr>
<td>$10 per session</td>
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</tbody>
</table>

28 ADULT SPECIAL INTEREST 540-372-1086 EXT. 217
TRIPS

NATIONAL HARBOR-SHOPPING, CASINO AND SIGHTSEEING
National Harbor, MD
Explore the beautiful National Harbor! This trip is a great opportunity to spoil moms for Mother’s Day or enjoy a girl’s day trip! Participants will have the flexibility to explore on their own. Trip goers will receive an all-day pass to ride the National Harbor Circulator that runs from the Harbor’s hottest spots. Participants can ride all day to and from the waterfront, Gaylord, outlets MGM Casino. The bus will drop off and pick up at the same location.
Registration and cancellation deadline: April 26
Saturday, May 11
Bus Leaves: 9:30am
Bus Returns: 8:30pm
$48 per person (includes all-day ride pass at National Harbor)

Baltimore Inner Harbour
Baltimore, MD
Explore the Baltimore Inner Harbor! Inner Harbor is a sightseeing hub, home to Maryland Science Center with a planetarium and observatory, and the National Aquarium, featuring giant turtles, dolphins and electric eels. The Top of the World Observation Level offers sweeping views of the city, while a collection of historic warships is docked below. Power Plant Live! is a complex of bars, eateries and music venues in a former power station. Trip goers will have a day to explore on their own. Spoil dad early with this great trip and spend time together right before Father’s Day.
Registration and cancellation deadline: May 24
Saturday, June 8
Bus Leaves: 7:30am
Bus Returns: 9:30pm
Fee: $55 per person

Atlantic City Day Trip
Atlantic City, NJ
Explore Atlantic City! There is more to Atlantic City than gambling...but they have plenty of gambling too! Explore the Steel Pier Amusement Park, the Playground at Caesars, the famous boardwalk; shop at the outlets; visit the Little Water Distillery; or spend the day at the beach. Trip goers will have a day to explore on their own for six hours!
Registration and cancellation deadline: August 9
Saturday, August 24
Bus Leaves: 7:00am
Bus Returns: 12:00 am
Fee: $80 per person

NAS OCEANA AIR SHOW
VA Beach, VA
Join us for a trip to the Naval Air Station Oceana Air Show! This will be an action-packed day visiting the East Coast’s only Master Jet Base. This year will feature the U.S. Air Force Demonstration Squadron Thunderbirds. Trip goers will have a day to explore on their own. The event features exhibits, vendors, kid activities, and the air show. Visit www.oceanaairshow.com for more information, schedule and restrictions.
Registration and cancellation deadline: September 6
Saturday, September 21
Bus Leaves: 6:00am
Bus Returns: 7:30pm
Fee: $55 per person (includes bleacher seats tickets)

New York City in the Fall Day Trip
New York City, NY
Beat the holiday rush and enjoy the day in NYC. Explore NYC on your own in beautiful fall weather. Spend your time the way you want, whether it’s shopping and shows, or visiting attractions like the 9/11 Memorial Museum, the Empire State Building and the Metropolitan Museum of Art. Catch a “Hop On Hop Off” double decker bus to see the whole city (ticket can be purchase once in NYC). We will arrive in NYC about 10am and leave about 7:30pm. This will give you plenty of time to see what the Big Apple offers. Times are approximate and may vary slightly due to weather, road conditions, traffic, etc. Pre-registration is required. We’ll meet the bus at the Dorothy Hart Community Center.
Registration and cancellation deadline: October 4
Saturday, October 19
Bus Leaves: 4:30am
Bus Returns: 1:30am
Fee: $80 per person

Register for all bus trips by the registration deadline (see each listing). Spaces fill on a first-come, first-served basis. For registration and questions, contact our front office at 540-372-1086 or in person at the Dorothy Hart Community Center, 408 Canal Street.
## CITY PARKS & TRAILS

<table>
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<th>Park</th>
<th>Facilities</th>
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</thead>
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<td>[Basketball Courts][4][BBQ Grill][3][Benches/ Seating Area][2][Boat Launch][1][Covered Shelter][0][Fishing][5]</td>
</tr>
<tr>
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<td>[Basketball Courts][6][BBQ Grill][5][Benches/ Seating Area][4][Boat Launch][3][Covered Shelter][2][Fishing][1]</td>
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<tr>
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<tr>
<td>Cossey Botanical Garden</td>
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<tr>
<td>Cowan Boulevard Trail</td>
<td>[Basketball Courts][15][BBQ Grill][14][Benches/ Seating Area][13][Boat Launch][12][Covered Shelter][11][Fishing][10]</td>
</tr>
<tr>
<td>Dixon Park and Doris Buffett Pool</td>
<td>[Basketball Courts][18][BBQ Grill][17][Benches/ Seating Area][16][Boat Launch][15][Covered Shelter][14][Fishing][13]</td>
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<tr>
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<tr>
<td>Fall Hill Trail</td>
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<tr>
<td>Fredericksburg Dog Park</td>
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<tr>
<td>Hurkamp Park</td>
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<tr>
<td>Maury Playground</td>
<td>[Basketball Courts][32][BBQ Grill][31][Benches/ Seating Area][30][Boat Launch][29][Covered Shelter][28][Fishing][27]</td>
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<tr>
<td>Memorial (Kenmore) Park</td>
<td>[Basketball Courts][35][BBQ Grill][34][Benches/ Seating Area][33][Boat Launch][32][Covered Shelter][31][Fishing][29]</td>
</tr>
<tr>
<td>Motts Run Reservoir Recreation Area</td>
<td>[Basketball Courts][38][BBQ Grill][37][Benches/ Seating Area][36][Boat Launch][35][Covered Shelter][34][Fishing][33]</td>
</tr>
<tr>
<td>Powhatan Park</td>
<td>[Basketball Courts][41][BBQ Grill][40][Benches/ Seating Area][39][Boat Launch][38][Covered Shelter][37][Fishing][36]</td>
</tr>
<tr>
<td>Old Mill Park</td>
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</tr>
<tr>
<td>Rappahannock River Heritage Trail</td>
<td>[Basketball Courts][47][BBQ Grill][46][Benches/ Seating Area][45][Boat Launch][44][Covered Shelter][43][Fishing][42]</td>
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<tr>
<td>Riverfront Park</td>
<td>[Basketball Courts][50][BBQ Grill][49][Benches/ Seating Area][48][Boat Launch][47][Covered Shelter][46][Fishing][45]</td>
</tr>
<tr>
<td>Snowden Park</td>
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</tr>
<tr>
<td>Virginia Central Railway Trail</td>
<td>[Basketball Courts][56][BBQ Grill][55][Benches/ Seating Area][54][Boat Launch][53][Covered Shelter][52][Fishing][51]</td>
</tr>
<tr>
<td>W.L. Harris Playground</td>
<td>[Basketball Courts][59][BBQ Grill][58][Benches/ Seating Area][57][Boat Launch][56][Covered Shelter][55][Fishing][54]</td>
</tr>
<tr>
<td>Walker-Grant Center</td>
<td>[Basketball Courts][62][BBQ Grill][61][Benches/ Seating Area][60][Boat Launch][59][Covered Shelter][58][Fishing][57]</td>
</tr>
</tbody>
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Rent our parks, picnic shelters and the trails for your event. Please call 540-372-1086 or visit [www.FredParksRec.com](http://www.FredParksRec.com)
Alum Spring Park
Located at the end of Greenbrier Drive. Discover this hidden treasure within our city limits! This wooded park is equipped with a renovated picnic shelter, picnic tables, restrooms, grills, play equipment, and walking paths. Alum Spring Park is open year-round, dawn to dusk.

For more information on renting the park and shelter, call the Parks, Recreation & Events office at 540-372-1086.

Canal Path
This pathway is 1.8 miles long and winds along the canal from Fall Hill Avenue to Princess Anne Street. Great for walkers and bike riders of all ages. Open all day, year-round.

City Dock
Located at 207 Sophia Street at the end of the street. This historic dock dates back to George Washington’s day. Public fishing permitted. Open all day, year-round.

Cobblestone Park
Located at the intersection of Willis Street and Cobblestone Blvd., this ten acre, wooded park features a one mile looped trail and views of Hazel Run. The park is open year round from 5 am to 10 pm daily.

Cossey Park
Located at Littlepage St & Grove Ave. The Cossey Botanical Park is a neighborhood park that features winding trails, a small fishing pond, open space, a community garden and botanical garden used for educational sessions sponsored by the Virginia Cooperative Extension service. Open 6am – 10pm, year-round.

Cowan Boulevard Trail
This urban paved pathway offers walkers and bicyclists 1.72 miles of convenient access along Cowan Blvd from Route 1 to Retail Drive. Trails are open all day, year-round.

Dixon Park
Located at 1300 Dixon Street (near Rt. 2 & 17 across from Mayfield subdivision). This outdoor facility is 46 acres and features athletic fields, including a free play field for community use, an outdoor swimming pool, playground equipment, 1.5 miles of trails, restrooms, and nature preserve areas. The Jogging/ Walking Trail is a paved pathway that begins at the kiosk, and is marked to help you track your distance. Dixon Park is open dawn to dusk.

For more information on renting the park, call the Parks, Recreation & Events office 540-372-1086.

Doris E. Buffett Swimming Pool
Located at 1300 Dixon Street (near Rt. 2 & 17 across from Mayfield subdivision). The Outdoor Swimming Pool has a great slide, fun water features for the little ones and a zero-depth entry area for easy access. Open Memorial Day to Labor Day.

Fall Hill Trail
This urban paved pathway offers walkers and bikers a convenient route along Fall Hill Avenue from the Canal to Gordon Shelton Blvd. 1.39 mile, one way. Trails are open all day, year round.

Fredericksburg Dog Park
Located at 1601 Kenmore Avenue (near Mary Ball St.). This fenced in area, available to City residents and their dogs only, is self monitored by its users. City residents who wish to use this facility need to have City dog tags for their pets, which are available at City Hall. Open daily from dawn to dusk.

Hurkamp Park
Located at 500 William Street at the corner of William St & Prince Edward St. or George St. & Prince Edward St. A historic downtown park with a fountain, brick sidewalks, benches and plenty of space for a picnic. Also home to our Fredericksburg Farmers Market that is open year-around. Park is open daily 5am - 10pm. For more information on renting the park, call the Parks, Recreation & Events office 540-372-1086.

Maury Playground
Located at 901 Kenmore Ave. at the intersection of William St. and Kenmore Ave. This open play area features a basketball court lit from dusk - 10pm, year round, as well as playground equipment. The park is open 5am - 10pm daily.

Memorial Recreation Park
Located at 1301 Kenmore Avenue, at the corner of Kenmore Ave. and Mary Ball St. Memorial Recreation Park (also known as Kenmore) is located on the corner of Kenmore Ave. and Mary Ball St. The park is equipped with 7 tennis courts, 6 of which are lit from dusk - 10pm, year around. The park also features pickleball courts, basketball hoop, tennis practice wall, open play area, children’s play equipment, and a toddler play area. Park hours: 6am - 10pm daily.

DORIS E. BUFFETT SWIMMING POOL
Located at 1300 Dixon Street (near Rt. 2 & 17 across from Mayfield subdivision). The Outdoor Swimming Pool has a great slide, fun water features for the little ones and a zero-depth entry area for easy access. Open Memorial Day to Labor Day.

FALL HILL TRAIL
This urban paved pathway offers walkers and bikers a convenient route along Fall Hill Avenue from the Canal to Gordon Shelton Blvd. 1.39 mile, one way. Trails are open all day, year round.

FREDERICKSBURG DOG PARK
Located at 1601 Kenmore Avenue (near Mary Ball St.). This fenced in area, available to City residents and their dogs only, is self monitored by its users. City residents who wish to use this facility need to have City dog tags for their pets, which are available at City Hall. Open daily from dawn to dusk.

HURKAMP PARK
Located at 500 William Street at the corner of William St & Prince Edward St. or George St. & Prince Edward St. A historic downtown park with a fountain, brick sidewalks, benches and plenty of space for a picnic. Also home to our Fredericksburg Farmers Market that is open year-around. Park is open daily 5am - 10pm. For more information on renting the park, call the Parks, Recreation & Events office 540-372-1086.

MAURY PLAYGROUND
Located at 901 Kenmore Ave. at the intersection of William St. and Kenmore Ave. This open play area features a basketball court lit from dusk - 10pm, year round, as well as playground equipment. The park is open 5am - 10pm daily.

MEMORIAL RECREATION PARK
Located at 1301 Kenmore Avenue, at the corner of Kenmore Ave. and Mary Ball St. Memorial Recreation Park (also known as Kenmore) is located on the corner of Kenmore Ave. and Mary Ball St. The park is equipped with 7 tennis courts, 6 of which are lit from dusk - 10pm, year around. The park also features pickleball courts, basketball hoop, tennis practice wall, open play area, children’s play equipment, and a toddler play area. Park hours: 6am - 10pm daily.

JOIN US!  @FredParksRec
www.FredParksRec.com
Motts Run Reservoir Recreation Area
Located at 6600 River Rd. The 860-acre natural area, including the 160-acre reservoir, is a haven for fishing, canoeing, hiking, and picnicking. It also serves the residents of Fredericksburg and parts of Spotsylvania County with drinking water. The park features an orienteering course, nature center (open weekend afternoons only), over 4 miles of hiking trails, picnic tables and grills, and jon boat, canoe, and kayak rentals.

Boats are reserved on a first come first served basis at the reservoir. If you need a large number of boats with your rental please indicate how many but these must be rented in person as available.

No swimming, horseback riding, or all-terrain vehicles permitted. Mountain biking is allowed only on designated trails.

When fishing, you may bring your own boat (ELECTRIC MOTORS ONLY) to launch on the lake, or fish from the banks. Handicap fishing pier available. A fee is charged for fishing and boat launching area. Valid fishing license required. Bait available for purchase.

**Summer Hours:** Thursdays – Mondays, April 1 - October 31 from 7:00am - 7:00pm; the Reservoir is CLOSED on Tuesdays and Wednesdays (weather & water conditions permitting). If the weather is questionable, call before coming (540) 786-8989. As a cost saving measure, when the weather is bad we reserve the right to close the reservoir early.

**Winter Hours:** Nov 1 - March 31 Closed.

For more information on renting the park and shelter, call the Parks, Recreation & Events office at 540-372-1086.

Motts Run Nature Center
Open Saturday and Sundays, April – October, Noon-5:00pm

Manned by volunteers, this beautiful one-room log cabin features hands-on nature displays, our resident snake “Pocket” and information that the whole family will enjoy. Looking for a fun family day? Visit our Nature Center and then head off on one of the hiking trails or grab a picnic table for your family lunch.

Powhatan Park
Located at 1521 Powhatan St, at the intersection of Cowan Blvd and Powhatan St. Located at 1521 Powhatan St, at the intersection of Cowan Blvd and Powhatan St. A little less than an acre, this park has a playground, benches & open space. Perfect for a birthday party rental. Open 5am to 10pm daily.

Old Mill Park
Located at 2410 Caroline St. Our most popular park, Old Mill features soccer fields, picnic shelters, a playground, restrooms and river front views. Open daily from dawn to dusk. Old Mill is a perfect rental location for your next event. For more information on renting the park or a shelter, call the Parks, Recreation & Events office 540-372-1086.

Rappahannock River Heritage Trail
A 1.6 mile asphalt stretch that connects the two parts of the Canal Path making a 3.4 mile loop, just about right for a 5K charity walk. The trail, which is 10 feet wide, begins near the intersection of Princess Anne and Ford streets at one end of the Rappahannock Canal. Beautiful views of the Rappahannock River, Old Mill Park and several historic mills are seen throughout the trail. The river overlook along Riverside Drive should not be missed. Great for walkers and bike riders of all ages. Open all day, year round.

Riverfront Park
Located at 713 Sophia Street on the beautiful Rappahannock River, in the 500-700 blocks of Sophia St. Renovations are ongoing. Open daily 5am - 10pm until July 2019. The park will be closed for construction soon for renovations. For more information on renting the park or about ongoing renovations, call Parks, Recreation & Events office 540-372-1086.

Snowden Park
Located on Fall Hill Avenue has been re-opened. The park features new basketball courts, playground equipment and a baseball field. Open daily 5am - 10pm.

Virginia Central Railway Trail
This 2.7 mile trail for pedestrians, bicyclists and runners extends from the eastern end of the Cobblestone development off Lafayette Boulevard out Lafayette Boulevard, across the Blue & Gray Parkway, then down Alum Spring Road and behind Alum Spring Park to the Route 1 Bypass. Scenic views of Hazel Run and the historic Virginia Central Railway trail bed are visible throughout the trail. Open all day, year round.

W. L. Harris Playground
Located in the community of Mayfield, this park has a covered shelter, playground equipment, and a basketball court lit from dusk to 10pm. Park is open daily 6am - 10pm.

Walker-Grant Center
Located at 200 Gunnery Road. The facility has open playing fields, basketball court lit from dusk - 10 pm year around & a children’s play area. Park is open dusk to dawn daily.

Off-Road Recreation Trails
Mountain biking is allowed only on designated trails. For complete information on other area trails please visit FredTrails.org.

Rent our parks and picnic shelters for your event. Please call 540-372-1086 or visit www.FredParksRec.com
The Fredericksburg Arts Commission launched the City of Fredericksburg’s Public Sculpture Program in the fall of 2016. Now in its third year, the City has successfully issued a call for artists and selected 6 new sculptures for roadside display. These sculptures are designed to enhance gateway areas of the City and are displayed at key locations for both vehicle and pedestrian visibility.

These artworks provide an unexpected and unique opportunity to view art in our city. These sculptures will be rotated every year and are on “loan” from the 6 artists. Interested in purchasing one of these pieces? Contact info@fredarts.com. Look for these pieces on display at Fall Hill Avenue & Village, Route 1 & Princess Anne, Dixon Park, Train Station, Wolfe Street Triangle and Old Mill Park.

Made possible by the Fredericksburg Arts Commission, Fredericksburg Economic Development Authority, Fredericksburg Public Works and Fredericksburg Parks, Recreation & Events.

Visit all 6 sculptures today!

#FredArts

For more information about the sculptures and artists, or to sponsor a sculpture site, please visit www.FredArts.com or call 540-372-1086.
MAY

MAY 3
Mother and Son Dance at Dorothy Hart Community Center. For info: www.FredParksRec.com

MAY 4
Race to the Top at Sunken Well Tavern. For info: sunkenwelltavern.com
Walk for Mental Wellness at Maury Park www.mhafred.org
Sickle Cell Walk-a-thon at W.L. Harris Park.
For info: facebook.com/FascaOnline

MAY 5
Great Train Race, Caboose Run and George Washington Half Mile at Downtown Fredericksburg. For info: gtrfredericksburg.com
Walk MS Fredericksburg at James Monroe High School. For info: nationalmssociety.org/site/TR/Walk/VARWalkEvents

MAY 7
Picnic in the Park at Hurkamp Park. For info: fbparksrec.com

MAY 12
Mother's Day 5K & 10K at Old Mill Park and Heritage Trail.
For info: bishopsevents.com

MAY 14
Picnic in the Park at Hurkamp Park. For info: fbparksrec.com

MAY 17 & 18
Marine Corps Historic Half Healthy Lifestyle Expo at Fredericksburg Expo and Conference Center. For info: marinemarathon.com/events/historic-half

MAY 19
Marine Corps Historic Half, Semper 5ive and Devil Dog Double at Fredericksburg Expo and Conference Center and Downtown. For info: marinemarathon.com/events/historic-half
Thunder Alley at Downtown Fredericksburg

MAY 21
Picnic in the Park at Hurkamp Park. For info: fbparksrec.com

MAY 27
Memorial Day Procession at Riverfront Park to the Fredericksburg Battlefield Visitor Center.
Memorial Day Ceremony at Fredericksburg Area War Memorial

JUNE

JUNE 1
62nd Annual Antique Automobile Show at Downtown Fredericksburg. For info: hfraaca.org
Rock the River at Old Mill Park. For info: rocktheriverfbg.com
Yoga in the Park at Maury Park. For Info: mhafred.org

JUNE 4
Picnic in the Park at Hurkamp Park. For info: fbparksrec.com

JUNE 6-9
Fredericksburg Photo Show at Dorothy Hart Community Center. For info: fbpophotoclub.com

JUNE 7
Sounds of Summer at Market Square. For info: famva.org

JUNE 8
Sophia Street Pottery Throwdown at 1100 block of Sophia Street. For info: sophiastreetstudios.com
Kids Fishing Derby at Motts Run Reservoir. For info: fbparksrec.com.
Kids Market at Hurkamp Park.

JUNE 9
SPCA Rescue Run at Downtown Fredericksburg. For info: fbgsPCA.org

JUNE 11
Picnic in the Park at Hurkamp Park. For info: fbparksrec.com

JUNE 14
Sounds of Summer at Market Square. For info: famva.org/

JUNE 15
Fredericksburg Community Concert at Hurkamp Park.
For info: fredericksburgconcertband.org/events

JUNE 16
Battling Cancer 5K Walk/ Run and Youth 1 mile Run to remember at MWHC Health Center. For Info: battlingcancerrace.com

JUNE 18
Picnic in the Park at Hurkamp Park. For info: fbparksrec.com

JUNE 21
Sounds of Summer at Market Square. For info: famva.org

JUNE 25
Picnic in the Park at Hurkamp Park. For info: fbparksrec.com

Listings may be subject to change, please contact each event directly for information.
PLAN YOUR EVENT IN FREDERICKSBURG

SPECIAL EVENT APPLICATION
Our Special Event Application is a streamlined approach to gather information about your event and to help you navigate the City’s requirements for hosting your event in the City. Our event team is available to answer your questions and guide you through the checklist for a successful, compliant event. Submission of an application is not a guarantee of approval.

A Special Event Application is required for:
1) Any organized event of 20 or more persons upon any city street or public sidewalk within the City must submit a special event application.
2) Events that are open to the public, have an attendance of over 100 people and are held within a city parks will require a special event application along with a Park Rental Form.
3) Requesting any street closure within the City, regardless of event size, requires a special event application.

Special Event Application deadlines:
120 days prior to event for all street closure requests
120 days prior to event for major events with 2,000 or greater attendance
60 days for events with less than 2,000 attendance

RESIDENTIAL BLOCK PARTY PERMITS
Block parties are gatherings of residents of a specific City block and their guests. Block parties are NOT for open invitation and do not extend beyond the specific residents of that City block and their particular guests, and no longer than 4 hours. More than half of adjacent property owners must sign the petition to indicate agreement to the block party. Please submit 30 days prior to block party date.

Residential Block Party Permit Application deadline:
30 days prior to event

Apply for your event permit online at: www.FredParksRec.com > Plan An Event

JUNE 28
Sounds of Summer at Market Square. For info: famva.org

JUNE 29
World Heritage Day at Riverfront Park.
For info: facebook.com/events/619204631829091/.

JULY
Fredericksburg Heritage Festival at Downtown Fredericksburg.
For info: facebook.com/FXBGHeritageFestival
Fredericksburg Host Lions Club 5 Miler at Downtown Fredericksburg For info: racetimingunlimited.org/R/HF/Info.aspx
Heritage Festival Children’s Parade at Downtown

Sounds of Summer at Market Square. For info: famva.org

JULY 6
Lady Antebellum at After Hours Concerts.
For info: afterhoursconcertseries.com

JULY 12
Sounds of Summer at Market Square. For info: famva.org

JULY 19
Sounds of Summer at Market Square. For info: famva.org

JULY 21
Downtown Mile for CASA at 900 block of Charles St.
For info: rappahannockcasa.com/events

JULY 27- AUG 5
Fredericksburg Agricultural Fair at the Fredericksburg Fairgrounds.
For info: fredericksburgfair.org

AUGUST 2
Sounds of Summer at Market Square. For info: famva.org/famevents

AUGUST 3
Fredericksburg Community Concert Band at Hurkamp Park.
For info: fredericksburgconcertband.org/events
Farmers Market Week at Hurkamp park.

AUGUST 9
Sounds of Summer at Market Square. For info: famva.org/famevents

Find more regional events at www.VisitFred.com
2019 Fredericksburg Photography Show

June 6 - 9, 2019

at the Dorothy Hart Community Center
Free admission to come view the show:

- Thursday, June 6: 4:00pm - 8:30pm
- Friday, June 7: 4:00pm - 8:30pm
- Saturday, June 8: 10:00am - 5:00pm
- Sunday, June 9: 12:00pm - 5:00pm

Entry deadline May 24, 2019

Sponsored by the Fredericksburg Photography Club
with support from Fredericksburg Parks, Recreation & Events Department.
For more information visit www.fbgphotoclub.com or call (804) 840-2580

2019 Art in the Park

at the Fredericksburg Farmers Market

Saturdays at Hurkamp Park

Browse and shop local artists and crafters on display the first and third Saturdays at the Farmers Market. Free admission.

- May 4 & 18
- June 1 & 15
- July 6 & 15
- August 3 & 17
- September 7 & 21
- October 5 & 19

Call for Artists: Now accepting artists and craftsman for our 2019 season.

For info: (540) 372-2086 • marketmanager@fredericksburgva.gov
www.thefarmersmarket.co
Tuesdays in Hurkamp Park in May and June
11:30am - 1:30pm
Free and open to the public
May 7       June 4
May 14      June 11
May 21      June 18
May 28      June 25

Live music and children’s activities. Bring a picnic lunch or buy one from our park vendors while you enjoy the sunshine with your children, friends and co-workers! Brought to you by B101.5, Fredericksburg Parent and Fredericksburg Parks, Recreation & Events.

Questions? Call 540-372-1086

Fredericksburg Concert Band in Hurkamp Park
The American Dream Concert
Saturday, June 15, 2019 7:00pm till 8:15pm

Take Me to The Show Concert
Saturday, August 3, 2019 7:00pm till 8:15pm
At Hurkamp Park. Free admission, public invited. Sponsored by the Fredericksburg Community Concert Band and Fredericksburg Parks, Recreation & Events. For more information call 540-372-1086 or fredericksburgcommunityband.com.

MARINE CORPS HISTORIC HALF
HEALTHY LIFESTYLE EXPO
at the Fredericksburg Expo Center
Friday, May 17 from 4:00 p.m. till 8:00 p.m.
Saturday, May 18 from 9:00 a.m. till 6:00 p.m.
Free and open to the public.

MARINE CORPS HISTORIC HALF,
SEMPER 5IVE AND DEVIL DOG DOUBLE
Sunday, May 19, 2019
Registration still open.
www.marinemarathon.com/events/historic-half
Farm Fresh Produce, Meats, Baked Goods, Cheeses, Honey and more all local, all fresh!

Hurkamp Park
Hurkamp Park, Prince Edward & George Streets
Saturdays, 7:00am - 2:00pm
Spring Season opens April 20, 2019

MWH
Mary Washington Hospital
2nd and 4th Fridays, 11:30am - 5pm
Spring season opens May 10, 2019

Mayfield
Mayfield, near Dixon Pool
Thursdays, 3:30 - 6:30pm
Spring season opens May 16, 2019

MARKET EVENTS AT HURKAMP PARK:
Kids’ Market - June 8
Farmers Market Week Celebration - August 3
Community Day - September 7
Harvest Festival - October 5
Mistletoe Market - December 7
Art in the Park - 1st & 3rd Saturdays, May - October

For information call (540) 372-1086 or email marketmanager@fredericksburgva.gov.
WWW.THEFARMERSMARKET.CO

Night Catfishing at Motts Reservoir

Friday, May 17
Friday, June 14
Friday, June 28
Friday, July 12
Friday, July 26
Friday, August 16
Friday, August 30
Friday, September 13

7:00pm – 1:00am each night
at Motts Run Reservoir, 6600 River Road
Fredericksburg, VA 22401

Advanced prices: $3 child, $5 Adults
Day of prices: $5 child, $8 Adults

Come hook your bait and cast your line to catch catfish in the Reservoir. Private boats will be allowed on the water only if they meet proper VDGIF standards for night fishing but all boats must be off the water by 12:30am.

Grills and picnic tables available all over the park no need to bring your own.

Please clean up after yourself and remember to NOT place flammable products in the trash.

Questions? Call Motts Reservoir (540) 786-8989
KIDS’ FISHING DERBY
at Motts Run Reservoir

Saturday, June 8, 2019
(Raindate: June 9th)
7:30am-10am - Registration on site
8:30am-11am - Tournament
11:00am-11:30am  Weigh-In & Throughout the day
11:30am - Final weigh-in, awards immediately following

FREE! Ages 4-16 years Fishing, boat rental, games, prizes, vendors, hiking, picnicking…fun for the entire family! (VA Game Dept. ‘Free Fishing Weekend’ – no license required!)

VOLUNTEERS & SPONSORS NEEDED!
For information, call Zach Naegele at 372-1086 x213
Sponsored by Fredericksburg Parks & Recreation and the Weekend Bassers.

Soggy Doggy Swim
Friday, September 6, 5:30pm – 8:00pm
at Doris E. Buffett Swimming Pool
Registration Available Dorothy Hart Community Center. $5.00 for up to two dogs. Call 540-372-1086 ext. 217 for more information.
**How to Register**

**ONLINE**
Most programs are available for online enrollment. Classes with special enrollment or fee requirements not available online and require registration in person, by mail or by fax.

Visit www.FredParksRec.com > Online Registration

**MAIL**
For mail in registrations, please complete and sign the registration form on page 25. Credit card or check payments only. Mail-in registrations are handled as they come in. Mail registration form and payment to:

Fredericksburg Parks and Recreation
408 Canal St.
Fredericksburg, VA 22401

**FAX**
Fax completed registration form to 540-372-3475. Credit card or account payments only. Registration cannot be processed without payment information and signature.

**IN PERSON**
Registrations are taken in person at the Dorothy Hart Community Center at 408 Canal Street. Cash, check or credit card payments accepted.

Office Registration Hours:
Monday - Thursday: 9:00 a.m. - 8:00 p.m
Friday: 9:00 a.m. - 4:00 p.m.
Saturday - Sunday: Closed

**REFUND POLICY**
- Individuals wishing to withdraw and/or requesting a refund must do so by contacting the Fredericksburg Parks, Recreation and Events Department by phone, fax, mail or in person.
- Individuals must follow up their verbal cancellation request with a written refund request and submit it to FPRE prior to cancellation deadlines.
- It is the participant’s responsibility to verify receipt of refund requests.
- A 10% administrative fee will be charged on all refund requests for cancellations received less than 2 weeks before program start date, unless otherwise specified.
- There will be no refunds given to those who withdraw after program start date.
- Refunds will require 4 weeks for processing unless paid by credit card. Credit card refunds will take 5 business days to process.
- If the department cancels a program or trip, the money will be refunded.
- Classes: Students must cancel 24 hours before the 1st class to be eligible for refund. No refunds will be given after the first class.
- Trips: Registrants who cancel on or before the posted cancellation date shall receive a full refund. After that date, money will be refunded ONLY if the slot is filled by another participant.
- Sports: No refunds will be made after the 1st game.
- Camps: Cancellation requests less than two weeks (14 days) before camp start date are eligible for a 50% refund. And there are no refunds on cancellations less than 7 days before program start date.
- No refunds on Kings Dominion Tickets.
- Changes to these policies will be posted online and at the Community Center.

**WAITING LIST**
A wait list will be created when a program has reached its maximum participant capacity. All in-person and mail-in registrants will be put on the waiting list unless otherwise requested. If a space becomes available and a person’s waiting list status changes, you will be contacted by the department. Waiting lists do not roll over from previous, different sessions.

Please plan to register for activities/programs as early as possible. Many activities fill up very quickly.

Sign up for our monthly newsletter, NewsFlash and Fred Alerts to keep informed of what’s happening with Parks and Recreation! Call 540-372-1086 or email fredprpf@fredericksburgva.gov to request details today.

**REGISTRATION BASICS**
- No phone registration accepted.
- Fees must be paid in full at registration.
- $50 fee for returned checks.
- FPRE reserves the right to cancel programs for insufficient enrollment.
- Visa, Mastercard, Discover, American Express cards accepted.
- Debit cards must carry the Visa logo to be accepted.
- All programs have a minimum and maximum enrollment.

Please bring your child’s birth certificate the first time they enroll with our department.

**ADA AMERICAN DISABILITIES ACT**
Fredericksburg Parks, Recreation & Events invites people with and without disabilities to enjoy our programs, parks, and facilities. Please let us know if you need modifications to enjoy our programs! For more information please call or email us.
HOUSEHOLD INFORMATION:

Adult’s First Name ___________________________________ Adult’s Last Name ___________________________________

Address _________________________________________________________________________________________________

City / State ____________________________________________________________________________________________ Zip __________

Home Phone _______________ Work Phone / Cell Phone _______________ E-mail _____________________________

REGISTRATION INFORMATION:

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<tr>
<th>Participants Name</th>
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I need a modification because of disability (circle one):  YES  NO

PAYMENT INFORMATION:

Please check one of the following:  ☐ Check (make payable to “City of Fredericksburg”)  ☐ Cash (walk-in only)

☐ Credit Card (Visa, M/C, Discover, Amex)

Credit Card Number: ______________________________________________________________________________________

Exp. Date: Mo. ___________ Yr. ___________ Signature: __________________________________________________________

Liability Release:

I understand the nature and scope of the activity listed above. I understand that there are risks and dangers associated with the activity. I understand that it is not the function of the City of Fredericksburg, its employees, agents, operators, or instructors to guarantee the safety of participants with respect to this activity. I also understand that each participant has the responsibility to exercise with due care in the performance of the activity for the safety of him/herself and the other participants.

In consideration of my/the participant’s being permitted to enroll in this activity, I hereby release, indemnify and hold harmless the City of Fredericksburg, its employees, agents, operators, or instructors to guarantee the safety of participants with respect to this activity. I also understand that each participant has the responsibility to exercise with due care in the performance of the activity for the safety of him/herself and the other participants.

Also, by signing below, I give Fredericksburg Parks, Recreation and Events permission to use photographs and videos of me and my children for publicity in order to increase community awareness of FPRE programs and in all publications and other media without limitation.

Signature of Parent/Guardian/Participant: ________________________________________________________ Date___________

Sign me up for Fred Parks and Rec’s monthly e-newsletter!  ☐ email

Send me the next catalog of activities (like this one):  ☐ mail  ☐ email digital version

JOIN US!  WWW.FREDPARKSREC.COM
Summer Reading for All Ages!

A UNIVERSE OF STORIES
JUNE 1-AUGUST 31

Complete online missions to earn points toward raffle drawings for movie tickets, book bundles, and more.

Sign up at any branch or at librarypoint.org/summer

FUN FEST
Happy Birthday CRRL!

Fredericksburg: Thursday, August 1, 1:00-2:30
Porter: Friday, August 2, 10:00-12:00
Snow: Friday, August 2, 11:00-12:00
Salem Church: Saturday, August 3, 2:00-4:00
Howell: Tuesday, August 6, 10:00-12:00

Towne Centre: Friday, August 9, 2:00-4:00
Newton: Monday, August 26, 5:00-6:00
Cooper: Wednesday, August 28, 5:00-6:00
Montross: Thursday, August 29, 3:00-4:00

Celebrate CRRL’s 50th birthday with games, activities, treats, and more.

ALL AGES

540-372-1144
librarypoint.org

For more information on FREE classes and events, see the latest issue of @Your Library or visit librarypoint.org.
Fredericksburg Agricultural Fairgrounds

**Upcoming Events:**

- **May 4-5** - BBQ Jamboree
- **May 11** - Stafford Ruritan Club Tractor Pull
- **August 24** - Cigar, Bourbon & Beer Festival

**July 26 - August 4, 2019**

**Fredericksburg Agricultural Fair**

Join the fun at the oldest fair in the United States! Ten days of celebrating traditional fair events, contests, entertainment, food and fun for the whole family!

**For more information**

(540) 373-1294 or www.fredericksburgfair.org

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**YOGA! IN THE PARK**

**SATURDAY JUNE 1, 2019**
**MAURY PARK**
**DOWNTOWN FREDERICKSBURG**

8:00 AM Registration / Check-In
8:30 Yoga & Meditation

A free community event! Suggeted registration donation $10 to benefit Mental Health America of Fredericksburg.

TO REGISTER OR ORDER T-SHIRTS GO TO MHAFRED.ORG BEFORE MAY 17

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**Fredericksburg Parks, Recreation & Events**

**Doris E. Buffett Swimming Pool**

Opens Memorial Day Weekend 2019

**Swimming Pool Hours:**

- Weekends from May 25 - August 11: 11:30am - 7:00pm
- Weekdays from May 28 - June 14: 3:30pm – 6:30pm
- After June 15 Weekdays: 11:00am – 6:30pm
- After June 15 Weekends: 11:30am - 7:00pm

**Reduced Hours after August 11**

Doris E. Buffett Pool is located in Dixon Park, 1300 Dixon Street, Fredericksburg, Va

(540) 372-1086 - Parks & Recreation Office
(540) 310-0665 - Pool Phone (during pool hours)

Email: fredprpf@fredericksburgva.gov

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**Fredericksburg Heritage Festival**

**A Day Full of Festivities!**

**Thursday, July 4, 2019**
**Downtown Fredericksburg, Virginia**

- **Children’s Parade**
- **Festival of the Streets**
- **Heritage Festival 5 Mile Run**
- **Fireworks Display**
- and more!

**For information:**

www.FredParksRec.com > Upcoming Events
Facebook.com/FXBGHeritageFestival